

Stompin' Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Richard Campbell (USA) - July 2008
音乐: Smooth (feat. Rob Thomas) - Santana : (CD: Supernatural)



Or Music:

Ain't It Funny by Jennifer Lopez [99 bpm / J-Lo]

Tres Deseos by Gloria Estefan [Music Of The Heart]

Basic Cha-Cha

1-2 Step left forward, step right back
3&4 Step left together, step right in place, step left in place
5-6 Step right back, step left forward
7&8 Step right together, step left in place, step right in place

Angle Heel Touches And Stomps (Electric Kicks)

&1 Step left back at a 45 degree angle (1:00), touch the right heel forward
&2 Step right back at a ¼ turn angle (11:00 as 45 degrees from start), touch left heel forward
&3&4 Step left together, stomp the right 3 times

Toy Soldier Turns And Cha-Cha

1-2 Step right forward, pivot ¼ turn left as you step on the left
3&4 Step right together, step left in place, step right in place
5-6 Step left forward, pivot ¼ turn right as you step on the right
7&8 Step left together, step right in place, step left in place

Lengua Turns And Cha-Cha

1-2 Touch right toe forward, make a ½ turn to the right stepping on the right foot
3&4 (Now facing back wall 6:00) step left together, step right in place, step left in place
5-6 Touch right toe forward, make a ½ turn to the right stepping on the right foot
7&8 (Now facing front wall 12:00) step left together, step right in place, step left in place

Angle Heel Touches And Stomps

&1 Step right back at a 45 degree angle (11:00), touch the left heel forward
&2 Step left back at a ¼ turn angle (1:00 as 45 degrees from start), touch right heel forward
&3&4 Step right together, stomp the left 3 times

Basic Cha With Turns

1-2 Step left forward, step right back
3&4 Make a ½ turn to the left in 3 steps, stepping on left, step on right, step on left
5-6 Step right forward, step left back
7&8 Make a ¾ turn to the right in 3 steps, stepping on right, step on left, step on right

Repeat
