

So Deep (v2)

拍数: 48 墙数: 2 级数: High Intermediate Newline
编舞者: Shaz Walton (UK) & Dave Baycroft (UK) - July 2008
音乐: No Air - Jordin Sparks & Chris Brown



Intro 16 counts- Start on vocals. Restart 5th wall after 32 counts.

Hitch. Back touch. Hitch. ½ hitch right. Cross. Side. Rock. Extended Cuban cross shuffle.

1-2-3 Hitch right. Touch right back (bend left knee slightly). Hitch right.
4-5 Make ½ turn right on left keeping right hitched. Cross step right over left.
6& Rock left to left side. Recover on right.
7&8& Cross step left over right. Step right to right. Cross step left over right. Step right to right.

(Make full use of your hips)

Angled rock. Recover. Recover ¼ . ½ right. Step. ¾ pivot right. Rock back. Recover. Side. Step. Touch.

1-2 Cross rock left over right (on the angle) Recover on right making ¼ turn right (now on 9 o'clock wall)
&3 Step back left. Make ½ right stepping forward right.
4&5 Step forward left. Make ¾ pivot turn stepping left a large step to left side (now on home wall)
6&7 Rock right behind left. Recover on left. Step right to right side.
8& Cross step left over right. Touch right behind left.

Step/sweep. Rock. Recover. ¼ left. ½ left. Step. Forward. Step. Forward. Spiral full turn. Mambo ¼ left.

1 Step right down as you sweep left behind right.
2&3 Rock back on left. Recover on right. Make ¼ turn left stepping left forward.
4&5 Make a ½ turn left stepping right a large step back. Step left beside right. Step right slightly forward.
6&7 Step left forward. Step right forward (small steps) spiral a full turn left on right foot , raising left.
8&1 Rock forward left. Recover right. Make ¼ turn left stepping left to left.

Cross. Unwind. Sweep. Behind. Side. Cross.Bump. Bump. Rock. Recover.

2-3 Cross right over left. Unwind a full turn left. Sweep left out & behind right.
4&5 Cross step left behind right. Step right to right side. Cross step left over right.
6-7 Step right to right as you bump right hip to right. Bump right hip to right again ending sitting over right hip with no weight on left foot
8& Rock back on left. Recover on right. **Restart here during 5th wall. Replace 8& rock back. Recover with a bump to the left on count 8 taking weight onto left foot & start the dance from count 1.

Low kick. ½ low kick. Cuban lock step. Push. Recover. Step. Push. Recover. Step.

1-2 kick leg slightly to left diagonal front. Make ½ turn right keeping left leg raised behind you
(You may need to hitch/flick your left to push you around - do whatever is comfortable)
3&4& Step left forward. Lock right behind left. Step left forward. Lock right behind left (Use hips!)
5-6& Rock forward on left pushing left hip forward. Recover on right. Step left beside right.
7-8& Rock forward on right pushing right hip forward. Recover on left. Step right beside left straightening Up to 6 o'clock wall)

Cross. ½ unwind. Rock. Recover. Cross. Rock. Recover cross step/lunge. Hitch. Sailor ½ right.

1-2 Cross left over right. Unwind ½ turn right. (Weight ends on left)
3&4 Rock right to right side. Recover on left. Cross step right over left
&5-6 Rock left to left side. Recover on right. Cross step left over right as you lunge.

7- 8&

Hitch right. Cross right behind left making $\frac{1}{2}$ turn right. Step left forward.
