LOT (Lots of Thanks)



拍数: 32 编数: 0 级数: Easy Intermediate

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音乐: Thank You - Amy Diamond: (CD: Music in motion - Gold edition)



Intro: 16 counts

Out Out Together Jump Side Touch Side Touch

1 2 Step out right to right side. Step out left to left side

3 4 Step right together with left. Make a little jump on the spot (or high if you like!)

5 6 Step out to right. Touch left behind right

7 8 Step out to left. Touch right behind left (12 o clock)

Kickballcross x 2 Siderock Sailor 1/4 turn right

1&2	Right kickballcross to the right
3&4	Right kickballcross to the right
5 6	Right siderock. Recover onto left
7&8	Sailor ¼ turn to right (3 o clock)

^{**} Wall 3 & 6- Restart after tag

Stepturn ½ right Left shuffle fw Fullturn fw Step Together

1 2 Step f w on left, turn ½ right (9 o clock)

3&4 Left shuffle f w

5 6 Turn ½ left-step back on right. Turn ½ left-step f w on right (9 o clock)

7 8 Step f w on right. Step left together with right

Swivel heels, toes, heels, toes heels, toes, heels, toes

1 2	Swivel both heels to the right. Swivel toes to the right Clap
3 4	Swivel both heels to the left. Swivel toes to center Clap
5 6	Swivel both heels to the left. Swivel toes to the left Clap

7 8 Swivel both heels to the right. Swivel toes to center Clap (9 o clock)

* Wall 4 & 8. Then start from the top

Ending: Turn 1/4 right to face the front wall and pose!

* Tag 1:16 counts End of 4th & 8th Wall Then start from the top

Walk, walk, ballstep, stepturn, fullturn

1 2	Step f w right. Step f w left
&3 4	Right ballstep. Step f w right
5 6	Step f w left. Turn 1/2 right
7 8	Full turn f w turning right

Walk, walk, ball-step, step, fullturn

12	Step f w left. Step f w right
&3 4	Left ball-step . Step f w left
5 6	Step f w right. Turn ½ left
7 8	Full turn f w turning left

** Tag 2 : 4 counts On wall 3 & 6 after 16 counts. Then restart from the top Cross unwind $\frac{3}{4}$ right

1-4 Cross left over right. Unwind ¾ right- weights ends on left