

LOT (Lots of Thanks)

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 0 级数: Easy Intermediate
编舞者: Maria Rask (SWE) - June 2008
音乐: Thank You - Amy Diamond : (CD: Music in motion - Gold edition)



Intro: 16 counts

Out Out Together Jump Side Touch Side Touch

1 2 Step out right to right side. Step out left to left side
3 4 Step right together with left. Make a little jump on the spot (or high if you like!)
5 6 Step out to right. Touch left behind right
7 8 Step out to left. Touch right behind left (12 o clock)

Kickballcross x 2 Siderock Sailor ¼ turn right

1&2 Right kickballcross to the right
3&4 Right kickballcross to the right
5 6 Right siderock. Recover onto left
7&8 Sailor ¼ turn to right (3 o clock)

**** Wall 3 & 6- Restart after tag**

Stepturn ½ right Left shuffle fw Fullturn fw Step Together

1 2 Step f w on left , turn ½ right (9 o clock)
3&4 Left shuffle f w
5 6 Turn ½ left-step back on right. Turn ½ left-step f w on right (9 o clock)
7 8 Step f w on right. Step left together with right

Swivel heels, toes, heels, toes heels, toes, heels, toes

1 2 Swivel both heels to the right. Swivel toes to the right Clap
3 4 Swivel both heels to the left. Swivel toes to center Clap
5 6 Swivel both heels to the left. Swivel toes to the left Clap
7 8 Swivel both heels to the right. Swivel toes to center Clap (9 o clock)

*** Wall 4 & 8. Then start from the top**

Ending: Turn ¼ right to face the front wall and pose!

*** Tag 1 :16 counts End of 4th & 8th Wall Then start from the top**

Walk,walk,ballstep,step, stepturn, fullturn

1 2 Step f w right. Step f w left
&3 4 Right ballstep. Step f w right
5 6 Step f w left. Turn ½ right
7 8 Full turn f w turning right

Walk, walk, ball-step, step, fullturn

1 2 Step f w left. Step f w right
&3 4 Left ball-step . Step f w left
5 6 Step f w right. Turn ½ left
7 8 Full turn f w turning left

**** Tag 2 : 4 counts On wall 3 & 6 after 16 counts. Then restart from the top**

Cross unwind ¾ right

1-4 Cross left over right. Unwind ¾ right- weights ends on left