

# Breathe In Breathe Out

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Michael Munk (DK) - April 2008  
音乐: Breathe In Breathe Out - Ying Yang Twins



## **Paddle turn X 2, kick left, jazz box, cross unwind 3/8**

1 - 2      Step forward on LF, turn 1/4 right  
3 - 4      Step forward on LF, turn 1/4 right  
5 & 6 &      Kick LF forward, cross LF over RF, step back on RF, step LF to left side  
7 - 8      Cross RF over LF, unwind 3/8 left (facing diagonal 1:30) weight ends on RF

## **Coaster step, right lock step, lounge, back lock step**

1 & 2      Step back on LF, step RF beside LF, step forward on LF  
3 & 4      Step forward on RF, lock LF behind RF, step forward on RF (facing diagonal 1:30)  
5 - 6      Lounge forward on LF, recover weight on RF  
7 & 8      Step back on LF, lock RF over LF, step back on LF (now facing 3:00)

## **Rock back, lock forward, out LF, out out, knee pops 1/4, kick, hitch**

1 - 2      Rock back on RF, recover on LF with body roll  
3 & 4      Step forward on RF, lock LF behind RF, step forward on RF  
5 - 6      Step LF to left side, step RF to right side  
& 7      Left knee in, right knee in (weight on LF)  
& 8      Kick RF turning 1/4 right, hitch right knee

## **Syncopated vaudeville, step, kick ball step, kick**

1 - 2 &      Step down on RF, step LF next to RF, cross RF over LF  
3 - 4      Step LF to left side, touch right heel forward  
& 5      Step RF next to LF, step forward on LF  
6 & 7 - 8      Kick RF forward, step RF next to LF, step forward on LF, step forward on RF

**Repeat**

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