

Teardrops

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Adrian Lefebour (AUS) - March 2008
音乐: Teardrops - Kate Alexa : (CD: Teardrops)



Intro: 16 Count Intro.

(1-8) Cross Shuffle, Side, Rock, Sailor, ¼ Sailor L

1&2 Step L across R, Step R to R side, Step L across R (L Cross Shuffle over R)
3,4 Step R to R side, Replace weight on L
5&6 R Sailor Step
7&8 ¼ Turn L Step L back, Step R next to L, Step L fwd (¼ Sailor L) (9.00)

(9-16) Kick, Step, Touch Side, ¼ Heel, Step, Touch Side (Repeat)

1&2 Kick R fwd, Step R next to L, Touch L toe to L side
3&4 ¼ Turn L Place L heel up, Step L next to R, Touch R toe to R side (6.00)
5&6 Kick R fwd, Step R next to L, Touch L toe to L side
7&8 ¼ Turn L Place L heel up, Step L next to R, Touch R toe to R side (3.00)

(17-24) Shuffle, ¼ Pivot, Cross Shuffle, Side, Rock

1&2 Shuffle fwd R, L, R
3,4 Step L fwd, ¼ Pivot Turn R
5&6 Step L across R, Step R to R side, Step L across R (L Cross Shuffle over R)
7,8 Step R to R side, Replace weight on L

(25-32) Cross Samba X2, Sailor, ½ Unwind

1&2 Step R across L, Step L to L side, Step R to R (R Cross Samba moving fwd)
3&4 Step L across R, Step R to R side, Step L to L (L Cross Samba moving fwd)
5&6 R Sailor Step
7,8 Touch L toe behind R, Unwind ½ Turn over L (12.00)

(33-40) Step, Side, Twist To L, Step, Replace, Together, Step, ¼ Pivot

1,2 Step R fwd, Step L to L side (not too far apart)
3&4 Twist Heels L, Twist Toes L, Twist Heels L to straighten up (weight on L)
5,6& Step R back, Replace weight on L, Step R next to L
7,8 Step L fwd, ¼ Pivot Turn R (weight on R) (3.00)

(41-48) Across, Side, Behind, Side, Heel, Step, Across, Side, Heel, Step, ¼ Pivot

1,2 Step L over R, Step R to R side
3&4& Step L behind R, Step R to R side, Place L heel on 45, Step L down
5&6& Step R behind L, Step L to L side, Place R heel on 45, Step R down
7,8 Step L fwd, ¼ Pivot Turn R (6.00)

(49-56) Step Across, Kick, Back, Side, Step Across, Replace, ¼ Turn, ½ Pivot

1,2 Step L across R on 45, Kick R fwd on 45
3,4 Step R back, Step L to L side
5,6& Step R across L on 45, Replace weight back on L, ¼ Turn R Step R fwd
7,8 Step L fwd, ½ Pivot Turn R

(57-64) Dorothy, ¼ Dorothy, ½ Pivot, ½ Pivot

1,2& Step L fwd, Step R behind L, Step L fwd
3,4& ¼ Turn R Step R fwd, Step L behind R, Step R fwd

5,6 Step L fwd, ½ Pivot Turn R
7,8 Step L fwd, ½ Pivot Turn R

Start Dance Again

Thank you to (Susan, Peggy, Jess, Dawn, June, Janet & Steph) for making this dance much easier than what it was...without you girls I would not of known what to do.
