

Dance Wiv Me

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Dance Wiv Me (feat. Calvin Harris & Chrome) - Dizzee Rascal : (Single)



Intro 32 counts

WALK, WALK, STEP $\frac{3}{4}$ TURN STEP, 2 x SAILOR STEPS

1, 2 Walk forward right, left
3&4 Step forward right, pivot $\frac{1}{2}$ turn left, $\frac{1}{4}$ turn left stepping right-to-right side
(right knee bent, left toe up and pointing to left diagonal)
5&6 Step left behind right, step right-to-right side, step left-to-left side
7&8 Step right behind left, step left-to-left side, step right-to-right side.

BEHIND, UNWIND, MAMBO, HIP BUMPS

1, 2 Touch left behind right, unwind $\frac{1}{2}$ turn left
3&4 Rock forward into right, recover onto left, step back on right
5&6 Step slightly left rocking hips left, right, left,
7&8 Step onto right rocking hips right, left, right (finish with weight on right)

BUMPS x 2, $\frac{1}{4}$ SHUFFLE, $\frac{1}{2}$ SHUFFLE, COASTER

1, 2 Rock onto left (pushing left shoulder down, right shoulder up), Rock onto right
(pushing right shoulder down left shoulder up)
3&4 Shuffle forward turning $\frac{1}{4}$ left (left, right, left)
5&6 Shuffle forward tuning $\frac{1}{2}$ left (right, left, right)
7&8 Step back left, step right beside left, step forward left

CROSS POINT, BEHIND SIDE SHUFFLE, ROCK, BEHIND SIDE

1, 2 Step right across left, point left-to-left side
3&4 Step left behind right, step right-to-right side, step left across right
&5 Step right to right side, step left across right
6, 7 Rock right to right side, recover onto left
8& Step right behind left, step left to left side,

WALK, WALK, STEP TURN STEP, SHUFFLE, ROCK-RECOVER-STEP

1, 2 Walk forward right, left
3&4 Step forward right, $\frac{1}{2}$ turn left, step forward right
5&6 Shuffle forward (left, right, left)
7&8 Rock out slightly forward and diagonally right (pushing hips out to right), recover, step right beside left

BACK LOCK STEPS, DIP, SIDE BODY ROLL

1&2 Step back left, lock right across left, step back left
&3&4 Lock right across left, step back left, step right to right side, step left to left side
(bending knees)
5, 6 Straighten up pushing bottom out, push pelvis forward
7, 8 Side body roll transferring weight from left to right.
(If you can't body roll, then just lean onto left then onto right)

STEP TOUCH x 2, ROLLING TURN

1, 2, Step left to left side, touch right next to left
3, 4 Step right to right side, touch left next to right
5,6,7,8 Full turn left stepping left-right-left, touch right next to left

VAUDAVILLE x 2, CROSS SHUFFLE, ROCK ¼ TURN, STEP

- 1&2 Step right across left, step slightly back on left, touch right heel diagonally forward
- &3&4 Step right next to left, step left across right, step slightly back on right, touch left heel diagonally forward
- &5&6 Step left next to right, step right across left, step left to left side, step right across left
- 7&8 Make ¼ right stepping back on left, right to right side, step forward left

Start Again
