

I Want You Back

拍数: 64 墙数: 4 级数: Improver
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音乐: I Want You Back - Bananarama



Rock Recover & Coaster Step, Rock Recover, ½ Turn Shuffle

1-2 Forward rock on right, recover on left
&3&4 Step right beside left, step left back, step right beside left, step left forward
5-6 Forward rock on right, recover on left
7&8 Shuffle ½ turn right (6.00)

Rock Recover & Coaster Step, Rock Recover, Jazz Box ¼ Turn Cross

1-2 Forward rock on left, recover on right
&3&4 Step left beside right, step right back, step left beside right, step right forward
5-6 Cross left over right, recover on right
7-8 Making a ¼ turn left, step left to side, cross right over left

Side Rock Recover & Monterey ½ Turn, Side Close, Side Chasse

1-2 Rock left to side, recover on right
&3-4 Step left beside right, touch right toe to side, making a ½ turn right, step right beside left
5-6 Step left to side, close right beside left
7-8 Step left to side, step right beside left, step left to side

Cross Rock Recover & Cross Side, Behind, ¼ Turn, Pivot ½ Turn

1-2 Cross right over left, recover on left
&3-4 Step right beside left, cross left over right, step right to side
5-6 Step left behind right, making a ¼ right, step right forward
7-8 Step forward on left, Pivot ½ turn right

Cross, Side Touch, Cross, Side Touch, Back, Side Touch, Back Rock Recover

1-2 Cross left over right, touch right to side
3-4 Cross right over left, touch left to side
5-6 Step left behind right, touch right to side
7-8 Rock back on right, recover on left (optional: Shimmy your shoulder while doing 7-8 counts)

Side Chasse, Back Rock Recover, Side Chasse, Back Rock, Recover

1&2 Side Chasse Right – stepping right, left, right
3-4 Rock back on left, recover on right
5&6 Side Chasse left – stepping left, right, left
7-8 Rock back on right, recover on left

½ Figure 8, ¼ Turn

1-8 Step Right to side, step left behind right, making a ¼ right step right forward, step forward on left, pivot ½ turn right, making a ¼ turn right step left to side, step right behind left, making a ¼ turn step forward on left

Side Touch, Pop Knees (Stop!), Kick, Back, Left Coaster, Walk Walk

1&2 Touch right to side, pop right knee towards left (optional: raise your right arm to side with right palm face side forming a “Stop” sign while putting your left hand on your waist, HAVE FUN!)

3-4 Kick right forward, step back on right

5&6 Step back on left, step right beside left, step left forward

7-8 Walk forward on right, left

START AGAIN!
