

Sigo Vivo

拍数: 56 墙数: 4 级数: Intermediate
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音乐: Sigo Vivo - Raúl : (CD: As De Corazones, 2003)



Intro: 24 counts (2x2 wall line dance)

S1: Forward, Point Across, Sweep, Step, Rock Back, Recover, Twinkle 1/4

1234 Step right forward, point left across right, using left toe, sweep from front to back in an anticlockwise direction, step back on left,
56 With right heel up(knee bent), rock back on right, recover on left,
7&8 Cross right over left, side rock left to 1/4 turn right, recover on right

S2: 1/4 Cross, Side, Cross Shuffle, Rock Forward, Recover, Sailor 1/2, Close

123&4 Cross left over right, making a 1/4 turn left, step right to right, cross left over right, right to right to right, cross left over right
56& Rock forward on right, recover on left, sweep right to right,
7&8 Making 1/2 turn right, cross right behind left, step left to left, step right to right,
& Step left beside right

S3: 1/8 Step Forward, Point, Step, Hook, 1/8, Side, Rock Back 1/4, Jazz Box 1/4

12&3 Step right forward to diagonal (1/8 turn), point left behind right, step back on left, hook right in front of left,
&4 Step right to 1/8 turn right, step left to left
5&6 Rock right behind left, recover weight on left, step right to 1/4 turn right
7&8 Cross left over right, step right to 1/4 left, step left to left

S4: Cross Rock, Recover, 1/4 , 1/2, Back, Cross, Side Rock 1/4, Triple Full Turn, Step

12&3&4 Cross rock right over left, recover on left, step right to 1/4 turn right, step 1/2 turn right back on left, step slightly back on right, cross left over right
56 Side rock on right, recover on left with 1/4 turn left

Restart here on Wall 4

&7&8 Step right back on 1/2 turn left, Step left forward on 1/4 turn left, together on right, step left forward to 1/4 turn left

S5: Mambo Step, Rumba 1/4 turn, Scissors 1/4 Cross, Side Mambo

1&2 Rock forward on right, recover on left, close on right
3&4 Step left to 1/4 turn left, close on right, step left forward
5&6 Step right to side with 1/4 turn left, close on left, cross right over left
7&8 Side rock left, recover on right, step left beside right

Restart here on Walls 2 & 5

S6: Cross, Back, Side Rock Cross, 1/4, 1/4, Heel Ball Cross

123&4 Cross right over left, step left back, side rock right, recover on left, cross right over left
56 Step left back to 1/4 turn right, right to side with another 1/4 turn right
7&8 Tap left heel diagonally forward, step left beside right, cross right over left

S7: Dorothy Step, Pivot 1/2, 1/4 Side, Twinkle Step

12& Step left forward, cross right behind left, step left forward,
345 Step right forward, pivot 1/2 turn left, step right to side to 1/4 turn left
678& Cross left over right, side rock on right, recover on left, touch right beside left

On Wall 2 & 5, restart after 40 counts

For Wall 4, restart after 30 counts
