

Perfect Secret

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nikki James (UK) - June 2008
音乐: Secret Combination - Kalomoira : (Album: Secret Combination, Eurovision 2008)



Country Alternative: "Perfect" by Sara Evans...(No Tag required)

Start: "Secret Combination": 32 Count intro ... "Perfect": 32 Count intro

Right Kick & Left Point, Cross, Unwind 1/ 2 Right, Step Back, Left Tap, Left Step, Right Side Rock & Step.

- 1 & 2 Kick Right forward, Step Right beside Left, Point Left toe to Left side.
- 3 – 4 Cross Left over Right, Unwind 1/ 2 turn Right. (Weight on Left)
- 5 & 6 Step back on Right, Tap Left toe in front of Right, Step forward on Left.
- 7 & 8 Rock Right to Right side, Recover weight on Left, Step Right in front of Left. (6 o'clock)

Heel Swivels, Sweep 1/ 4 Turn Left, Left Sailor Step, Right Cross, 1/ 4 Right, 1/ 2 Right, Step Forward on Left.

- 1 & 2 Swivel both heels Right, Swivel both heels into centre, Sweep Left out to Left side whilst turning 1/ 4 Left.
- 3 & 4 Sweep/Cross Left behind Right, Step Right to Right side, Step Left to Left side.
- 5 – 8 Cross Right over Left, Turn 1/ 4 Right stepping back on Left, Turn 1/ 2 Right stepping forward on Right, Step forward on Left. (12 o'clock)

Right Mambo Step, Left Hitch & Point Right, Right Cross, Unwind 1/ 2 Left, Left Kick Ball Step.

- 1 & 2 Rock Right forward, Rock back onto Left, Step Right back.
- 3 & 4 Hitch Left knee up, Step slightly back on Left, Point Right to Right side.
- 5 – 6 Cross Right over Left, Unwind 1/ 2 turn Left. (Weight on Right)
- 7 & 8 Kick Left forward, Step Left back to place, Step Right forward. (6 o'clock)

Diagonal Lock Steps (Left & Right), Left Step Forward, Pivot 3/ 4, Full turn Right (alternate step is a Left chasse).

- 1 & 2 Step forward on Left, Lock step Right behind Left, Step forward on Left (facing diagonally Left)
- 3 & 4 Step forward on Right, Lock step Left behind Right, Step forward on Right (facing diagonally Right)
- 5 – 6 Straighten up to 6 o'clock...Step forward on Left, Pivot 3/ 4 turn Right. (3 o'clock)
- 7 & 8 Step Left to Left side, Make 1/2 turn Right stepping Right to Right side, Make 1/2 turn Right stepping Left to Left side. (3 o'clock)

Easier option: Counts 7&8 above ... Chasse Left.

Start Again

TAG: 4 Count Tag at the end of the eighth wall (Facing 12 o'clock): Right Forward Rock, Right Side Rock.

- 1 – 4 Rock forward on Right, Rock back onto Left, Rock to Right side, Recover weight on Left.
- Restart the dance from the beginning.