Just For You



拍数: 72 墙数: 2 级数: Intermediate

编舞者: Marjorie Barnabas-Shaw (MY) - June 2008

音乐: Just for You - Solomon Burke



Intro Count: Start on vocals at 48 counts

DIAGONAL WALK BACK, HEEL, STEP-TOUCH, BACK-HEEL

1-4 Walk back on right, left, right (facing 11 o'clock), dig left heel diagonally forward 5-8 Step onto left foot, touch right behind left, step-back on right, dig left heel forward (move shoulders in shimmy fashion while executing 5-8)

RUMBA BOX, 1/4-TURN LEFT AND KICK

1-4 Step left foot to left, step right beside left, step forward left, hold

5-8 Step right foot to right, step left beside right, turn 1/4 left stepping back on right, kick left foot

forward

LEFT COASTER STEP, FORWARD SHUFFLE

1-4 Step back left, step right beside left, step left foot forward, hold
5-8 Step forward right, step left beside right, step forward right, hold

DIAGONAL WALK BACK, HEEL, STEP-TOUCH, BACK-HEEL

1-4 Walk back on left, right, left (facing 1 o'clock), dig right heel diagonally forward
 5-8 Step onto right foot, touch left behind right, step-back on left, dig right heel forward
 (move shoulders in shimmy fashion while executing 5-8)

RUMBA BOX, 1/2-TURN RIGHT AND KICK

1-4 Step right foot to right, step left beside right, step back on right, hold

5-8 Step left foot to left, step right beside left, turn 1/2 right stepping back on left foot, kick right

forward

RIGHT COASTER STEP, FORWARD SHUFFLE

Step back right, step left beside right, step right foot forward, holdStep forward left, step right beside left, step forward left, hold

BACK LOCK-STEPS, SWEEPS

Step back right, lock left foot across right, step back right, sweep left to back of right foot
 Step back onto left foot, lock right across left, step back on left, sweep right to back of left foot

SAILOR 1/4 RIGHT, HOLD, WALK LEFT, RIGHT, LEFT, HOLD

1-4 Cross-step right behind left foot, step left beside right, step forward on right with a 1/4 turn

right, hold

5-8 Walk forward on left, right, left, hold

DIAGONAL SKATES, HOLDS

1-2	Skate forward right diagonally to right, skate forward left diagonally to left
3-4	Skate forward right diagonally to right, hold

5-6 Skate forward left diagonally to left, skate forward right diagonally to right

7-8 Skate forward left diagonally to left, hold