

GOMENASAI (Pronounced - Go - men - a-sigh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Mark Caley (UK) & Jan Caley (UK) - June 2008
音乐: Gomenasai - BWO : (CD: Fabricator)



Start on Main Vocals (approx 14 seconds)

The dance finishes on count 32 facing back wall , just cross Right over Left and unwind to face front.

Step Right, Together, Chasse Right, Rock, Recover, Shuffle 1/4 Turn Left

1 - 2 Right step to side, Step left beside Right.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
5 - 6 Cross rock Left over Right. Rock back on Right
7&8 Step Left to Left side. Close Right beside Left. Step Left 1/4 turn Left

Two Walks forward (or Full Turn forward) Right Rocking Chair, Pivot 1/2 Turn Left

1 - 2 Walk forward Right, Left (or full turn Left travelling forward) (Facing 9 o'clock)
3 - 4 Rock forward on Right, Recover weight to Left,
5 - 6 Rock back on Right, Recover weight on Left
7 - 8 Step forward on Right, Pivot 1/2 Turn Left (Facing 3 o'clock)

Step Right, Together, Chasse Right, Rock, Recover, Shuffle 1/4 Turn Left

1 - 2 Right step to side, Step left beside Right.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.
5 - 6 Cross rock Left over Right. Rock back on Right .
7&8 Step Left to Left side. Close Right beside Left. Step Left 1/4 turn Left

Two Walks forward (or Full turn) Right Rocking Chair, Pivot 1/2 Turn Left

1 - 2 Walk forward Right, Left (or full turn Left travelling forward) (Facing 12 o'clock)
3 - 4 Rock forward on Right, Recover weight to Left,
5 - 6 Rock back on Right, Recover weight on Left
7 - 8 Step forward on Right, Pivot 1/2 Turn Left (Facing 6 o'clock)

Skate Right. Left, Step Back Right, Left, Rock Back, Recover, Right Shuffle forward

1 - 2 Step Right Diagonally right, Step Left diagonally Left
3 - 4 Step back on Right. Step back on Left
5 - 6 Rock Back on Right, Recover weight on Left
7&8 Right shuffle forward stepping Right, Left, Right,

Pivot 1/4 Turn Right, Cross, Back, Side, Cross, Back, Side

1 - 2 Step forward on Left, Pivot 1/4 Turn Right (Facing 9 o'clock)
3 - 4 Cross Left over Right, Step back on Right
5 - 6 Left step to side, Cross Right over Left
7 - 8 Step back on Left, Right step to Right side

Left Rock, Recover, Lt Coaster, (or Full turn Lt Triple) Right Rock, recover, Rt Coaster (Full turn Rt Triple)

1 - 2 Rock forward on Left, Recover weight on Right
3&4 Step back on Left. Step Right beside Left. Step forward on Left
(Optional full turn Left Triple)
5 - 6 Rock forward on Right, Recover weight on Left
7&8 Step back on Right, Step Left beside Right, Step forward on Right

(Optional full turn Right Triple)

Pivot 1/4 Turn Right, Cross, Side, Behind, Point, Cross, Step making 1/2 Turn Right

1 - 2 Step forward on Left, Pivot 1/4 Turn Right

3 - 4 Cross Left over Right, Right step to Right side (Facing 12 o'clock)

5 - 6 Cross Left behind Right, Point Right out to Right side

7 - 8 Cross Right Over Left starting to make 1/2 Turn Right, Step on Left finishing 1/2 Turn Right

Start Again
