

Under This Board Walk

拍数: 104 墙数: 1 级数: Beginner
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音乐: Under The Boardwalk - Eddie Lovett : (CD: The Best Reggae Hits, Vol. 1)



CUBAN HIPS RIGHT

1-4 Step right to side, step left beside right, step right to side, step left beside right
5-8 Step right to side, step left beside right, step right to side, touch left beside right

CUBAN HIPS LEFT

1-4 Step left to side, step right beside left, step left to side, step right beside left
5-8 Step left to side, step right beside left, step left to side, step right beside left

SHUFFLE BACK

1&2 Shuffle back right, left, right
3&4 Shuffle back left, right, left
5&6 Shuffle back right, left, right
7&8 Shuffle back left, right, left

HEEL STEPS

1-4 Touch right heel forward, step right beside left, step left heel forward, step left beside right
5-8 Touch right heel forward, step right beside left, step left heel forward, step left beside right

BASIC RIGHT, LEFT DIAGONAL STEPS

1-4 Step right toward right corner, slide left beside right, step right toward right corner, hold
5-8 Step left toward left corner, slide right beside left, step left toward left corner, hold

BASIC RIGHT, LEFT DIAGONAL STEPS

1-4 Step right toward right corner, slide left beside right, step right toward right corner, hold
5-8 Step left toward left corner, slide right beside left, step left toward left corner, hold

SHUFFLE FORWARD

1&2 Shuffle forward right, left, right
3&4 Shuffle forward left, right, left
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

WALK FORWARD, WALK BACK W ¼ TURN LEFT

1-4 Step forward right, left, right, touch left forward
5-8 Step back left, right, turn ¼ turn left, step left to side, touch right beside left

BASIC STEPS RIGHT, LEFT

1-4 Step right to side, step left beside right. Step right to side, touch left beside right
5-8 Step left to side, step right beside left, step left to side, touch right beside left

BASIC STEPS RIGHT, LEFT

1-4 Step right to side, step left beside right. Step right to side, touch left beside right
5-8 Step left to side, step right beside left, step left to side, touch right beside left

BASIC STEPS DIAGONALLY TO RIGHT CORNER, LEFT CORNER

1-4 Step right toward right corner, step left beside right, step right toward right corner, touch left beside right

5-8 Step left toward left corner, step right beside left, step left toward left corner, touch right beside left

WALK BACK WITH ¼ TURN RIGHT WALK BACK

1-4 Step back right, step left back, step back right, turn ¼ turn right lift left knee

5-8 Step back left, right, left, touch right beside left

BASIC RIGHT, LEFT DIAGONAL STEPS

1-4 Step right toward right corner, slide left beside right, step right toward right corner, hold

5-8 Step left toward left corner, slide right beside left, step left toward left corner, hold

REPEAT
