

Forever And Always

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: I Love You Always Forever - Donna Lewis : (CD: Now In A Minute)



HIP BUMPS, HIP BUMPS, RONDE ½ RIGHT, STEP, COASTER

1&2 Step right forward and bump hips right, left, right (weight to right)
3&4 Step left forward and bump hips left, right, left (weight to left)
5-6 Sweep/turn ½ right, step right together
7&8 Step left back, step right together, step left forward
9-16 Repeat 1-8

VINE RIGHT, TRIPLE RIGHT, ROCK STEP

1-2 Step right to side, cross left behind right
3-4 Step right to side, cross left over right
5&6 Step right to side, step left together, step right to side
7-8 Rock left behind right, recover to right

VINE LEFT, TRIPLE LEFT, ROCK STEP

(This is the mirror of the previous 8 counts)

1-2 Step left to side, cross right behind left
3-4 Step left to side, cross right over left
5&6 Step left to side, step right together, step left to side
7-8 Rock right behind left, recover to left

HEEL AND HEEL PIVOT ¼ LEFT, HEEL AND HEEL PIVOT ¼ LEFT

1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3-4 Touch right forward, turn ¼ left (weight stays on left)
5-8 Repeat 1-4

MONTEREY ½ RIGHT, JAZZ BOX ¼ RIGHT

1-2 Touch right to side, turn ½ right and step right together
3-4 Touch left to side, step left together
5-6 Cross right over left, step left back
7-8 Turn ¼ right and step right to side, step left together

REPEAT
