

Crazy Days

拍数: 32 墙数: 4 级数: Improver
编舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - June 2008
音乐: Crazy Days (Dance Mix) - Adam Gregory



Start after 16 count intro

(1-8) R kick ball step, twist heels left & centre, L rock back & recover, _ right & L to side, R touch together

1&2 Kick R forward, step R back, step L forward (weight ends on both feet)
3-4 Twist heels left, twist heels back to centre (weight ends on R)
5-6 Rock L back, recover weight on R
7-8 Turning _ right step L to left side, touch R together

(9-16) Vine R 3, touch L together, L side shuffle, R back rock & recover

1-4 Step R side, cross step L behind R, step R side, touch L together
5&6 Step L side, step R together, step L side
7-8 Rock R back, recover weight on L

(17-24) R fwd, point L side, cross step L over R, point R side, touch R toes fwd & side, _ monterey turn, touch L toes to L side

1-4 Step R forward, point L toes to left side, cross step L over R, point R toes to right side
5-6 Touch R toes forward, touch R toes to right side
7-8 Turning _ right step R together, touch L toes to left side

(25-32) Walk fwd L & R, L fwd rock & recover, _ left & fwd shuffle, R fwd, _ L pivot turn

1-2 Step L forward, step R forward
3-4 Rock L forward, recover weight on R
5&6 Turning _ left step L forward, step R together, step L forward
7-8 Step R forward, pivot _ left
