

4 On The Floor

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
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音乐: Four On the Floor - Lee Brice



PRESS RECOVER, BEHIND AND CROSS, PRESS RECOVER, BEHIND AND CROSS

1-2 Press right toe forward diagonal, recover on left
3&4 Cross right behind left, step left side and cross right over left
5-6 Press left toe forward diagonal, recover on right
7&8 Cross left behind right, step right side and cross left over right

TOUCH TURN, STEP TURN, ROCK STEP, STEP BACK LEFT HIP AND HIP

1-2 Touch right toe to right side. ½ turn pivot right, weight right
3-4 Step forward left and ½ pivot right
5-6 Rock step forward left recover right
7&8 Step back left bumping hips left right left

SHUFFLE FORWARD, TURN, TURN, COASTER STEP, BRUSH HITCH TURN

1&2 Shuffle forward right left right
3-4 Step left ¼ turn left, step back right doing a ½ turn left
5&6 Coaster step left right left
7&8 Brush right forward into a hitch ½ turn left weight right

BEHIND AND CROSS, SIDE ROCK, CROSS & CROSS TURN STEP

1&2 Cross left behind right step right side cross left over right
3-4 Side rock right to right side recover left
5&6 Cross right over left small step left to left cross right over left
7&8 Step back left doing a ¼ turn right, step forward right doing a ¼ turn right, step forward left***

HEEL GRIND COASTER STEP ½ TURN STOMP STOMP

1-2 Right heel grind doing a ¼ turn right recover left
3&4 Right coaster step back together forward
5-6 Step forward left ½ pivot right recover on right
7-8 Stomp left stomp right

HEEL GRIND COASTER STEP ½ TURN STOMP STOMP

1-2 Left heel grind doing a ¼ turn left recover right
3&4 Left coaster step back together forward
5-6 Step forward right doing a ½ pivot left recover right
7-8 Stomp right stomp left

REPEAT

TAG: On the 5th wall dance the FIRST 32 counts***

THEN: 8 COUNT FULL MONTEREY TURN

1-4 Touch right to side, turn ½ right and step right together, touch left to side, step left together
5-8 Touch right to side, turn ½ right and step right together, touch left to side, step left together

Restart