

# Rockin' Shoes

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Tony Wilson (USA) & Lana Wilson (USA) - May 2008  
音乐: Rocks In Your Shoes - Emily West



## **FWD, IN-OUT, CENTER, FWD ROCK, RECOVER, TOUCH BACK, 1/2 UNWIND**

1            Touch R foot forward keeping weight on L  
2-4        Swivel R heel in, swivel R heel out, swivel R heel center taking weight on R  
5-6        Rock forward on L, recover back on R  
7-8        Touch L toe behind R, unwind 1/2 left weight ending on L

## **SIDE SHUFFLE, ROCK BACK, RECOVER, 1/4 TURN, 1/2 TURN, FWD SHUFFLE**

9&10       Shuffle RLR to right side  
11-12      Rock back on L, recover forward on R  
13        Turn 1/4 right stepping L back  
14        Turn 1/2 right stepping R forward  
15&16      Shuffle forward LRL

## **ROCK-RECOVER-BACK, SWEEP/STEPS, BACK COASTER, HEEL GRIND 1/4 TURN**

17&18      Rock forward on R, recover back on L, step back on R  
19        Sweep L around and step it down directly behind R  
20        Sweep R around and step it down directly behind L  
21&22      Step L back, step R beside L, step L forward  
23        Step R heel forward toes pointing left  
24        Grind R heel turning 1/4 right stepping back on L

## **BACK COASTER, FWD SHUFFLE, STEP FWD, HEEL & HEEL 1/4 TURN & CLOSE**

25&26      Step back on R, step L beside R, step R forward  
27&28      Shuffle forward LRL  
29        Step R forward  
30&        Touch L heel forward, step L beside R  
31&        Turn 1/4 right touching R heel forward, step R beside L  
32        Step L beside R

### **Begin Again**

**Restart:** On 4th pattern, facing 3:00, dance counts 1-16 and restart dance from beginning.

**Ending:** Last full pattern is started at 12:00. Then dance counts 1-6 and add this:

7-8        Touch L toe behind R, unwind 3/4 left keeping weight back on R and L knee bent as music fades.....

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