

Hole In Your Soul

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Emily Thomas (UK) - May 2008
音乐: Hole In Your Soul - ABBA : (CD: On And On)



Sequence: AAB, AAB, C, Tag, C, B, A to the end

PART A

- 1-2 Step right, pivot $\frac{1}{2}$ left
3&4 Step right, lock left behind right, step right
5-6 Rock out to left and recover
7&8 Cross left behind right, step $\frac{1}{4}$ onto right foot, step left
- 1-2 Rock right forward foot and recover
3-4 Walk backwards (right-left)
5-6 Rock right back and recover
7-8 Keeping weight on left foot, pivot $\frac{1}{2}$ right over right shoulder; hitch right knee
- 1-2 Rock right back and recover
3&4 Kick right to front, step right, step left
5-6 Sway hips left, right
7-8 Step $\frac{1}{4}$ left over left shoulder and hold
- 1-2 Step right, step turn $\frac{1}{2}$ left back foot over right shoulder
3-4 Rock right back and recover
5-6 Sway right and hold
7&8 Cross left behind right, step $\frac{1}{4}$ onto right foot, step left

PART B

- 1-4 Right weave, scuff the left
5-8 Rock forward and backwards on left
- 1-4 Left weave, scuff the right
5-8 Rock forward and backwards on right
- 1-4 Step right, pivot $\frac{1}{2}$ left, step right (clap twice)
5-8 Step left, pivot $\frac{1}{2}$ right, step left (clap twice)
- 1-4 Walk forward right-left-right, kick left foot forward (walks can be replaced with $\frac{1}{2}$ turns if preferred)
5-8 Walk backward left-right-left, touch right next to left

PART C

Much slower pace than rest of dance

- 1-2& Step right, rock left back and recover
3&4 Rock out to left, recover on right, touch left next to right
5&6 Step left, step $\frac{1}{2}$ over left shoulder onto right foot, and step $\frac{1}{2}$ over left shoulder onto left foot
7-8 Sway right, sway left
- 1-2& Step $\frac{1}{4}$ right onto right foot, step left, pivot $\frac{1}{2}$ over right shoulder
3&4 Right sailor on spot
5-6 Cross left behind right, unwind/pivot $\frac{3}{4}$ over left shoulder

7&8& Step right, lock left foot behind right, step right; step left next to right on & count

TAG

1-2 Rock right forward foot and recover

3&4 ½ turn step right back, ½ turn step on left over right shoulder; step right

5-6 Rock left back foot and recover

7 Step left
