

Nothing's Gonna Stop Us

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Rebecca Armstrong (SCO) - May 2008
音乐: Nothing's Gonna Stop Us Now - Jefferson Starship : (CD: The Jefferson Airplane Collection)



STEP, SLIDE, ROCK RECOVER, STEP ¼, STEP, PIVOT ½, TOUCH

1-2-3 Step left foot to left side, slide right foot slowly left (over counts 2&3)
&4 Step right behind left, recover on to left
5-6 Step right foot to right side turning ¼ to right, step left foot forward
7-8 Pivot ½ turn over right shoulder, touch left beside right

ROCK, RECOVER, CROSS SHUFFLE, STEP ¼, STEP ¼, ROCK, RECOVER

1-2 Rock left to left side, recover on to right
3&4 Step left across right, step right to right side, step left across right
5-6 Step right to right side making ¼ turn over left shoulder, step on to left making ¼ turn over left shoulder
7-8 Rock forward on right foot, recover on to left

STEP, UNWIND ¾, SIDE SHUFFLE, ROCK, RECOVER, ROCK AND CROSS

1-2 Step right behind left, unwind making ¾ turn over right shoulder
3&4 Step left to left side, step right beside left, step left to left side
5-6 Rock right foot behind left, recover on to left
7&8 Rock right foot to right side, recover on to left, step right foot across left

ROCK, RECOVER, BEHIND SIDE TURN, ROCK FORWARD, RECOVER, SHUFFLE ½

1-2 Rock left to left side, recover on to right
3&4 Step left behind right, step right to right side making ¼ turn over right shoulder, step left forward
5-6 Rock right foot forward, recover back on to left
7&8 Make ½ turn over right shoulder stepping right, left, right

REPEAT

TAG: At the end of walls 2 & 6

SWAYS

1-2 Step on to left foot swaying hips to left, transfer weight to right swaying right
3-4 Transfer weight to left foot swaying hips to left, transfer weight to right swaying right

RESTART: On wall 4 restart the dance after count 8
