

Appetite for Love

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Intermediate / Advanced
编舞者: Pat Stott (UK) & Lizzie Stott (UK) - May 2008
音乐: Appetite for Love - Natalia : (CD: Everything and More)



Commence after 32 counts on vocals (16 seconds)

Kick ball step, kick ball step, rock forward, recover, ½ shuffle turn right

1 & 2 Kick right foot forward, step onto ball of right, step forward on left
3 & 4 Kick right foot forward, step onto ball of right, step forward on left
5 – 6 Rock forward on right, recover on left
7 & 8 shuffle half turn right stepping right, left, right

Advanced steps: 7 & 8- 1 ½ turning shuffle

Kick ball step, kick ball step, rock forward, recover, ½ shuffle turn left

1 & 2 Kick left foot forward, step onto ball of left, step forward on right
3 & 4 Kick left foot forward, step onto ball of left, step forward on right
5 – 6 Rock forward on left, recover on right
7 & 8 Shuffle half turn left stepping left, right left (or 1 ½ for advanced)

Diagonal rocks forward and back (make an X shape)

1 – 2 Step diagonally forward on right (1 o'clock), recover on left
& Close right to left
3 – 4 Step diagonally back on left (7 o'clock), recover forward onto right
5 – 6 Step diagonally forward on left, (11 o'clock), recover on right
& Close left to right
7 – 8 Step diagonally back on right, (5 o'clock), recover onto left

Stomp forward, raise and lower right heel 3 times, stomp forward, raise and lower left heel 3 times

1 – 4 Stomp right foot diagonally forward, raise and lower right heel three times (transfer weight to right on 4)
5 – 8 Stomp left foot diagonally forward, raise and lower left heel three times (transfer weight to left on 8)

Optional arms: 1 – 4 - push right hand forward at waist level, then take it out to side (as if you are pushing something out of your way) over the 4 beats. 5 – 8 – repeat with left hand

Four shuffles: forward, ½ turn left and shuffle forward, ¼ turn right and shuffle forward, ½ turn left and shuffle forward

1 & 2 Shuffle forward – right, left, right (12 o'clock)
3 & 4 Turn ½ left and shuffle forward – left, right, left (6 o'clock)
5 & 6 Turn ¼ right and shuffle forward – right, left, right (9 o'clock)
7 & 8 Turn ½ left and shuffle forward – left, right, left (3 o'clock)

Optional arms: roll arms round each other, shoulder height (1&2), waist level (3&4) shoulder height (5&6)
Waist level (7&8)

Diagonal rock, recover, ½ shuffle, diagonal rock, recover, 5/8ths shuffle

1 – 2 Cross right over left rocking forward to left diagonal, recover on left
3 & 4 ½ turning shuffle right – right, left, right, to face opposite diagonal
5 – 6 Rock forward to left diagonal, recover on right
7 & 8 Shuffle left, right, left to turn 5/8ths left (in order to square up to the wall 12 o'clock))

Point, hold, close, point, hold, close, point, twist ¼ left, bounce heels turning ½ right, kick forward

1 – 2, & Point right toe to right, hold, Close right to left

- 3 – 4, & Point left toe to left, hold,, Close left to right
5 Point right toe to right at the same time twist $\frac{1}{4}$ to left keeping weight on left (bend knees for stability)
6 – 7 Turning $\frac{1}{2}$ to right bouncing on left heel twice (keep right toe in contact with floor for balance)
8 Kick right foot forward

Two walks back, coaster step, full turn forward, stomp up

- 1 – 2 Walk back right, left
3 & 4 Step back on right, close left to right, step forward on right
5 – 8 Step forward on left, pivot $\frac{1}{2}$ left stepping back on right, pivot $\frac{1}{2}$ left stepping forward on left, stomp right next to left without weight

Easier option: 5 – 8 – walk forward left, right, left, stomp up
