What You Got

拍数: 64

级数: Intermediate

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音乐: What You Got (feat. Akon) - Colby O'Donis

(1-8) Glides X2 with 1/2 turn wizard steps X2

- & 12 Push off with the right foot, Slide left foot to the side, 1/2 turn to right ending with weight on the right
- & 34 Push off with the left foot, Slide right foot to the side, Recover the weight back on the left foot
- 56 Right foot forward, Lock left leg behind right
- & 78& Right foot forward, Left foot forward, Lock right leg behind left, Forward on left foot

(9-16) Kick and Cross with a slide and taps x3

- 9 & 10 Kick right foot forward, Step down on right foot, Cross left foot over right
- 11 12 Step to the right side with right foot, Touch left foot to side
- 13 14 Keeping left leg out to side tap left heel twice
- Tap left heel, Tap and put weight on left foot 15 16

(17-24) Glides X2 with 1/2 turn wizard steps X2

- & 17 18 Push off with the right foot, Slide left foot to the side, ¹/₂ turn to right ending with weight on the right
- & 19 20 Push off with the left foot, Slide right foot to the side, Recover the weight back on the left foot
- 21 22 Right foot forward, Lock left leg behind right
- & 23 24 & Right foot forward, Left foot forward, Lock right leg behind left, Forward on left foot

(25-32) Kick and Cross with a slide and taps x3

- 25 & 26 Kick right foot forward, Step down on right foot, Cross left foot over right
- 27 28 Step to the right side with right foot, Touch left foot to side
- 29 30 Keeping left leg out to side tap left heel twice
- 31 32 Tap left heel, Tap and put weight on left foot

(33-40) Walk backward X4 with 3/4 turn backwards paddle turns

- 33 34 Walk back right, Walk back left
- 35 36 Walk back right, Walk back left
- 37-40 Keep left foot on ground step right foot around back X4 for 3/4 turn
- 41-48 Kick and touch X2 kick and cross knee pops

(41-48)

- 41 & 42 Kick right foot, Step down on right, Touch left foot behind right
- 43 & 44 Kick left foot, Step down on left, Touch right foot behind left
- 45 & 46 Kick right foot, Step down on right, Cross left foot over right
- 47 & 48 Step right foot to right side pop right knee out, Bring right knee in, Pop right knee out leaving weight on right foot

(49-56) Sailor shuffle X2 with full turn and a sailor shuffle

- 49 & 50 Step left foot behind right, Right foot to right side, Left foot to left side
- 51 & 52 Step right foot behind left, Left foot to left side, Right foot to right side
- 53 54 Turning left step left then right making a full turn
- 55 & 56 While finishing your turn left foot behind right, Right foot to right side, Left foot to left side

(57-64) Monterey turns with a sailor shuffle

- Touch right foot to right side, ¹/₂ turn right putting weight on right foot 57 58
- 59 60 Touch left foot to left side, Bring left foot next to right





墙数:4

61 62Touch right foot to right side, ½ turn right putting weight on right foot63 & 64Left foot behind right, Right foot to right side, Left foot to left side