

Jessi's Dance

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Kayla Cosgrove (USA) - May 2008
音乐: I Kissed a Girl - Katy Perry



OUT, OUT, KICK BALL CROSS, 3/4 TURN, ROCK STEP

- 1-2 Step R ft out to R side, leading with the R hip and rolling R knee out Step L ft out to L side, leading with the L hip and rolling L knee out
- 3&4 Kick R ft out to R side (on slight angle), quickly step R ft down next to L, step L ft across R ft
- 5-6 Make a 1/4 turn to the L, stepping BACK onto your R foot. (9 O'clock wall) Make a 1/2 turn over the L shoulder stepping FORWARD on the L ft. (3 O'clock wall)
- 7-8 Rock R ft forward, recover weight back onto L ft
(STYLING OPTION: body roll forward and back while doing the rock step)

BACK SHUFFLE, COASTER STEP, 1/2 TURN MILITARY PIVOT TURN (x2)

- 1&2 Step R ft back, quickly bring L ft next to R ft, and step R ft back
- 3&4 Step L ft back, step R ft next to L ft, Step L ft forward
- 5-6 Step forward onto R ft, turn a 1/2 turn over L shoulder, placing weight forward on L ft
- 7-8 Step forward onto R ft, turn a 1/2 turn over L shoulder, placing weight forward on L ft (facing 3 O'clock wall)

CROSS, STEP SIDE, SYNCOPATED VINE WITH A 1/4, ROCK STEP, COASTER STEP

- 1-2 Step R ft in front and across L ft, Step L ft to L side
- 3&4 Step R ft slightly behind L ft, quickly step L ft forward while making a 1/4 turn to the L, (facing 12 O'clock wall) quickly step R ft forward
- 5-6 Rock R ft forward, recover weight back onto L ft
- 7&8 Step R ft back, step L ft next to R ft, Step R ft forward

STOMP, HEEL POPS, BALL CROSS, HOLD, 3/4 UNWIND

- 1-4 Stomp R ft out to R side, with the weight mainly on the ball of the R ft. Pop R heel up & down (& Heel up 2 Heel Down repeat for &3&4)

STYLING OPTION: While doing the heel pops, Lean ever so slightly to the R and pop the shoulder in time with the heel. **Weight should end up on the R ft**

- &5-6 Quickly step L ft in towards the R ft, cross R ft over the L ft, HOLD for count 6
- 7-8 On the balls of both feet, unwind a 3/4 turn over the L shoulder. Use your upper body to help twirl you around. Weight should end on the L ft to start the dance again (should be facing 3 O'clock Wall)

TWO EASY RESTARTS:

FIRST RESTART happens when you start the dance on the front wall for the 2nd time. You dance the 1st 8 count of the dance, then start again. So after the R Rock step, (you'll be facing the 3 o'clock wall) start again stepping out on the R

****Hint: you will heard the lyrics drop out, and you restart when she starts to sing again**

SECOND RESTART happens when you start the dance on the BACK WALL for the 3rd time. You dance the 1st 16 counts of the dance. So you restart the here, after the 2 1/2 turns. When you DO the restart you'll be facing the 9 O'clock wall.

****Hint: You'll hear the change in music to let you know the restart is happening soon. She sings "ain't no big deal, it's innocent..." and then the back beat kick in again. That is where you'll restart the dance, stepping out on the R ft.**

OPTIONAL (but highly recommended) BIG FINISH!

After the 2nd restart, you will only dance the whole dance 2 more times through. When you start the dance on

the front wall again, after the 2nd restart, at the very end, instead of doing a 3/4 unwind to face the 3 O'clock wall, unwind a FULL TURN to come back to the front wall.

Quickly step out R-L (the count would be &1) and blow a kiss! (would be count 2)

SPECIAL THANKS to Jessi Mumma, for song suggestion and inspiration!
