

# Listen Up! (On The Playground)

**COPPER** **NOB**  
BY STEPHEN BATES

拍数: 64                      墙数: 2                      级数: Intermediate  
编舞者: Travis Taylor (AUS) - April 2008  
音乐: Listen Up! - Gossip : (CD: Standing In The Way Of Control)



**Start 32 Counts from the first "Oooooooooo"**

## **Side/Replace Cross, Side Rock/Replace, Behind Side Cross, Hip & Hip**

1&2-3-4            Rock R to R side, replace weight on L, cross R over L, rock L to L side, replace weight on R,  
5&6-7&8            Step L behind R, step R to R side, cross R over L, step R to R side whilst bumping hips  
R;L;R (End with weight on R)

## **¼, ½, Coaster Cross, Point & Point & Point, Pop**

1-2-3&4            ¼ turn L stepping forward on L, ½ turn L stepping back on R, step L back, step R together,  
Cross L over R  
5&6&7-8            Point R toe to R side, step R together, point L toe to L side, step L together, point R toe to R  
side, Pop R knee in towards L (Weights on L)

## **Full Turn (R;L) Side Rock Cross, Step Drag (5-6) & Cross, Stomp Together**

1-2-3&4            ¼ turn R stepping forward on R, ½ turn R stepping back on L, ¼ turn R rocking R to R side,  
Replace weight on L, cross R over L  
5-6&7-8            Step L to L side whilst dragging R to L over 2 counts, step R together (&), cross L over R,  
stomp R foot together (Weights on both feet)

## **Twist Twist Twist, ½ Unwind, Step Drag 5-6 & Together, Walk Walk**

1&2-3-4            Twist R heel to R side, twist R toe to R side, twist R heel to R side, touch L behind R, ½ turn  
L taking weight on L,  
5-6-&7-8            Step R to R side whilst dragging L to R over 2 counts, step L together (&), walk forward R;L

## **Lock Step Shuffle, Rock Forward/Replace, ½, ½, ¼ Step Drag 7-8**

1&2-3-4            Step forward on R, lock L behind R, step forward on R, rock forward on L, replace weight on  
R  
5-6-7-8            ½ turn L stepping forward on L, ½ turn L stepping back on R, ¼ turn L stepping L to L side,  
whilst dragging R together over 2 counts

## **(&) Cross & Heel & Cross & Heel & Cross & Behind & ¼, Pivot ½**

&1&2                Step R together, cross L over R, step R to R side, touch L heel at L 45,  
&3&4                Step L together, cross R over L, step L to L side, touch R heel at R 45  
&5&6&7-8            Step R together, cross L over R, step R to R side, step L behind R, ¼ turn R stepping forward  
on R, Step forward on L, ½ turn R taking weight on R

## **Forward ½, Rock Back/Replace, ½, ¼, Cross, Side**

1-2-3-4            Step forward on L, ½ turn L stepping back on R, rock back on L, replace weight on R  
5-6-7-8            ½ turn R stepping back on L, ¼ turn R stepping R to R side, cross L over R, step R to R side

## **Sailor Step, Behind Side Cross, Side Rock/Replace, Behind Side Cross**

1&2-3&4            Step L behind R, step R to R side, step L to L side, step R behind L, step L to L side, Cross R  
over L  
5-6-7&8            Rock L to L side, replace weight on R, step L behind R, step R to R side, cross L over R

**Start Dance Again**

**No Tags, No Restarts, No Nothing.**

**Hold On A Minute! Don't forget to have FUN!**

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