

Chyna Girl

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Josie Lim (MY) - May 2008
音乐: Chyna Girl - Sweetbox : (3:16)



Count In to Start: 16 counts from the first heavy drum beat.

LONG RIGHT TO SIDE RIGHT, HIP SWINGS, BACK, BRUSH, CROSS, BACK, TOGETHER, FORWARD

- 1 Take a long step right on right, lift left heel (Hand styling: Throw R hand straight up)
- 2&3& Swing hips sideways from left to right 2X (Hand styling: Place R hand on head)
- 4 Step left next to right
- 5 Brush forward right
- 6& Cross step right over left, step left back
- 7-8 Step right next to left, step forward left (12:00)

RIGHT SIDE SHUFFLE, BACK ROCK, RECOVER, TURN ¼ RIGHT LEFT SIDE SHUFFLE, STOMP, HEEL GRIND TURN ¼ RIGHT - LEFT BACK

- 1&2 Right side shuffle on R-L-R
- 3-4 Left back rock, recover on right
- 5&6 Turn ¼ right and shuffle to side left on L-R-L (3:00)
- 7 Stomp forward on right
- 8 Grind R heel turn ¼ right (lift right toe) at the same time step left back (6:00)

FLICK BACK, FORWARD SHUFFLE, UNWIND/PIVOT ½ LEFT, LEFT COASTER, DIAGONAL LOCK STEP FORWARD

- 1 Brush Right backwards and flick Right back
- 2&3 Right forward shuffle on R-L-R
- 4 Unwind/Pivot ½ turn left and maintain weight on right (12:00)
- 5&6 Step back on left, step right to left, step forward on left
- 7&8 Right forward lock step to diagonal right on R-L-R

STEP, HIP SWING (BEND KNEES) LEFT AND RIGHT, BALL-CROSS, VINE LEFT TURN ¼ LEFT

- 1-2 Step Left to side left with knees slightly bend swing hips downwards and up to left (lift right heel)
- 3-4 Step Right to side right with knees slightly bend swings hips downwards and up to right (lift left heel)
- &5 Step ball of left to right, cross step right over left
- 6-7-8 Step left to left, step right behind left, turn ¼ left step forward on left (9:00)

RESTART

TAG: AT END OF 2ND WALL (FA CING 6:00)

FULL ROLING VINE RIGHT, FULL ROLLING VINE LEFT

- 1-4 Turn ¼ R step forward right, turn ½ R on ball of right, step left back, turn ¼ R step right to side right, touch left next to right
- 5-8 Turn ¼ L step fwd on left, turn ½ L on ball of left, step right back, turn ¼ L step left to side left, touch Right next to left

EASIER OPTION: VINE RIGHT AND VINE LEFT

Dance ends facing front wall (12:00 o'clock)

