

This Much Is True

COPPER KNOB
BY STEPHEN BRETZ

拍数: 64 墙数: 4 级数: Improver
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音乐: Because of You - Ne-Yo



SIDE, KNEE POP, TOUCH & SIDE, TOUCH UNWIND ½ TURN RIGHT, HEEL & FORWARD

- 1 & 2 Step right to right side (1), pop both knees forward (&), recover both knees (2),
& 3 & 4 Touch left beside right (&), touch left to left side (3), touch left beside right (&), step left to left side (4)
5 - 6 Touch right behind left (5), unwind ½ turn right, weight on left (6)
7 & 8 Touch right heel forward (7), step right beside left (&), step forward on left, dragging right foot towards left foot (8)

TOUCH, BACK BACK, KNEE POPS, TOUCH, ½ TURN RIGHT, FULL TURN LEFT

- 1 & 2 Touch right beside left (1), step diagonally back on right (&), step diagonally back on left, feet apart (2)
& 3 & 4 Pop right knee in (&), pop right knee out (3), pop left knee in (&), pop left knee out (4)
5 - 6 Touch right behind left (5), Step on to right, making a ½ turn right (6)
7 - 8 Step forward on left, making a ½ turn left (7), step right beside left, making a ½ turn left (8)

WALKS X2, KNEE SPLIT, HEAD TURNS, KICK BALL CROSS, SIDE, CROSS

- 1 - 2 Walk forward left, right (1 - 2)
3 & 4 & Split both knees apart out to sides (&), bring both knees together (3), look towards right side (&), look to the front (4)
5 & 6 Kick forward on left (5), step left to left side (&), cross right over left (6)
7 - 8 Step left to left side (7), step forward on right, making a ¼ turn left (8)

CROSS TOUCH X2, FORWARD SCUFF HITCH, KICK & TOUCH, UNWIND ¾ TURN LEFT

- 1 & 2 & Touch left across right foot (1), step left beside right (&), touch right across left foot (2), step right beside left (&)
3 & 4 Step forward on left (3), scuff right foot forward (&), hitch right knee (4)
5 & 6 Kick right foot forward (5), step back on right (&), touch left behind right (6)
7 - 8 Unwind ¼ turn left (7), unwind ½ turn left, weight on left (8)

KICK BALL TOUCH X2, BODY TWISTS X4 FULL TURN LEFT

- 1 & 2 Kick forward on right (1), step forward on right (&), touch left diagonally back (2)
3 & 4 Kick forward on left (3), step forward on left (&), touch right diagonally back (4)
5 - 8 Step right beside left and twist body ¼ turn left, weight on left (5), twist body ¼ turn left 3 times, weight ending on left (6 - 8)

TOUCH SLIDE X2, SWEEP ¼ TURN LEFT, HEEL TWISTS, BACK

- 1 - 2 Touch right across left foot (1), step a big step right to right side (2)
3 - 4 Touch left across right foot (3), step a big step left to left side (4)
5 - 6 Sweep right foot semi-circle to front of left foot, making a ¼ turn left (5), step right foot in front of left (6)
& 7 - 8 Twist right heel to right side and left heel to left side (&), twist both heels back to center (7), step back on right and pop left knee forward (8)

BOX SLIDE ½ TURN LEFT, BALL CHANGE, ¼ TURN RIGHT, ½ TURN LEFT, HIP BUMPS, SWEEP ¼ TURN LEFT

- 1 - 3 & 4 Step left to left side (1), step right to right side, making a ¼ turn left (2), step left to left side, making a ¼ turn left (3), step right beside left (&), step forward on left (4)

- 5 - 6 Step forward on right, making a ¼ turn right (5), step left beside right, making a ½ turn left (6)
7 & 8 Bump hips to right side, bending knees a little (7), bump hips to left side, straightening knees (&), sweep left to left side, making a ¼ turn left (8)

SAILOR STEP, WALK X2, FRONT COASTER, BACK COASTER

- 1 & 2 Cross left behind right (1), step right to right side (&), step left to left side (2)
3 - 4 Walk forward right, left (3 - 4)
5 & 6 Step forward on right (5), step left beside right (&), step back on right (6)
7 & 8 Step back on left (7), step right beside left (&), step forward on left (8)

REPEAT

TAG: After wall 2 [6 o'clock] and wall 4 [12 o'clock], do the following tag:

HIP BUMPS & STEP X2, ROCK, RECOVER, SLIDE, TOGETHER

- 1 & 2 Touch right diagonally forward and bump hips to right (1), bump hips to left (&), step onto right foot (2)
3 & 4 Touch left diagonally forward and bump hips to left (3), bump hips to right (&), step onto left foot (4)
5 - 8 Rock back on right (5), recover on left (6), step a big step right to right side (7), step left beside right (8)

RESTART: At wall 5, after 48 counts [facing 6 o'clock], instead of stepping back on right foot, touch right beside left for count 8 and start again.
