

Perfidia

拍数: 64 墙数: 4 级数: Intermediate / Advanced
编舞者: Barbara Spencer (UK) - May 2008
音乐: Perfidia - John Altman : (CD: Shall We Dance)



REVERSE RUMBA BOX AND SWAYS

1-2 Step back right
3-4 Step left to side slide right to left (keeping weight on right)
5-6 Step forward left and hold
7-8 Sway back and forward (weight on left)

ROCK FORWARD, ½ TURN, HIGH BOLERO, STEP TOUCH CROSS

1-2-3-4 Rock right forward, recover on left and make ½ turn right bringing left toe to touch right knee
5-6-7-8 Step onto left (back to 12:00) touch right toe to right side, cross right over left

REVERSE TURN LEFT HOLD, CHECK, 3 ROCKS

1-2-3-4 Sweep right behind left and do a reverse turn right (stepping right left, right and landing with weight on right in lunge position)
5-6-7& Sway left right left (back forward back)

SKATE WALKS BACK, ¼ TURN RIGHT

1-2 Step back right
3-4-5-6-7 Left - right -left
8 ¼ turn right (weight on left)

ROCK ½ TURN RIGHT, FULL TURN RIGHT

1-2-3-4 Rock ½ turn right
5-6-7-8 Full turn right (crossing left over right)

WEAVE TO LEFT WITH SWEEP AND WEAVE TO RIGHT

1-2-3-4 Weave right over left step left to side right behind left, sweep left out to side
5-6-7-8 Weave left behind right, cross left over right (weight on left)

TOUCH OUT, IN AND STEP DRAG (RIGHT AND LEFT)

1-2-3-4 Touch right to right, touch back in & step to right, sliding left to touch right
5-6-7-8 Repeat to the left

WEAVE TO LEFT TOUCHING RIGHT KNEE WITH LEFT TOE. ¼ TURN LEFT WITH RIGHT, FLICK FORWARD AND BACK TO END

1-2-3-4 Weave right over left cross right behind left & lift left toe to touch right knee (twisting body to the right)
5-6-7-8 Step down on to left, step right to right, step left back as you turn ¼ left and flick right forward

REPEAT
