

I'm A Country Man

COPPER KNOB
BY STEPHEN HETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Randy Pelletier (USA) - May 2008
音乐: Country Man - Luke Bryan



STOMP, KICK, COASTER STEP, HEEL DIG w ¼ TURN LEFT, COASTER STEP 9:00

- 1 - 2 Stomp right foot in place, kick right foot forward
3 & 4 Step back with right foot, step back with left foot , step forward with right foot
5 - 6 Extend left heel and (Keeping weight on right toes and left heel) pivot ¼ turn left, leaning weight back on right heel.
7 & 8 Step back with left foot, step back with right foot , step forward with left foot

HEEL JACKS, BALL CROSSES w ¼ TURN LEFT, STOMP, CLAP, SAILOR w ¼ TURN LEFT 3:00

- 9 & 10 Cross right foot over left, step left foot back, extend right heel forward on a 45 degree angle right (weight is on left foot)
& 11 Step down on right foot, cross left foot behind right
& 12 Turn ¼ left stepping back on right foot, extend left heel forward
& 13 , 14 Step back on left foot, Stomp forward on right, clap
15 & 16 Sailor Shuffle with ¼ Turn left

HEEL JACKS , STEP FORWARD RIGHT, ¼ LEFT 12:00

- 17 & 18 & Extend right heel forward, step right foot in place, extend left heel forward, step left in place
19, 20 Step forward on right foot, pivot ¼ turn left, recovering weight on left.

HEEL JACKS , STEP FORWARD RIGHT, ¼ LEFT 9:00

- 21 & 22 & Extend right heel forward, step right foot in place, extend left heel forward, step left in place
23, 24 Step forward on right foot, pivot ¼ turn left, recovering weight on left.

CROSS, SIDE, SAILOR SHUFFLE w ¼ TURN RIGHT, FULL TURN RIGHT, 1/4 TURN RIGHT, SIDE SHUFFLE 3:00

- 25 - 26 Cross right foot over left, step left to side,
27 & 28 Sailor shuffle with ¼ right (right, left, right)
29 - 30 Full turn right in 2 steps (left, right)
31 & 32 Turn ¼ right and shuffle to left (left, right left)

REPEAT

RESTART

On the 7th wall (2nd time you start on the back wall) there is a 2 second break in the music after count 16. Dance through 18& and restart dance from beginning. You will be facing 9:00 during this restart.