

Touch My Body

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: TeeKay (NL) - May 2008
音乐: Touch My Body - Mariah Carey



Step, Drag, Step, Coaster step, Rock step, Cross shuffle

1, 2& RF make long step to right side, LF drag next to RF, LF step back
3&4& RF step back, LF step next to RF, RF step forward, LF step next to RF
5,6 RF rock forward, weight back on LF
&7& RF cross behind LF, LF step to left side, RF cross over LF
8& LF step to left side, RF cross over LF

Side rock, Full turn, Shuffle, Step, diagonal Rock step, Sailor step ¼ turn, Step

1,2 LF rock to left side, weight back on RF and turn ¼ right (03:00)
&3 Make ½ turn right and step back on LF, make ½ turn right and step forward on RF
&4& LF step next to RF, RF step forward, LF step forward
5,6 RF rock diagonal to right side, weight back on LF
7&8 RF cross behind LF, LF step to left side ¼ turn right, RF step next to LF (06:00)
& LF step next to RF

Lunge, Step, Shuffle, Step, Touch, ¼ Turn, Weave, Point

1,2& RF lunge to right side, , weight back on LF, RF step next to LF
3&4& LF step forward, RF step next to LF, LF step forward, RF step to right side
5,6 LF touch behind RF, make ¼ turn left (03:00)
7&8& LF cross behind RF, RF step to right side, LF cross over RF, RF point out to right side

Flick ¼ turn, Steps, Rocking chair, Step, ½ Turn, ¼ Turn, Chasse

1 Make ¼ turn left on LF and flick RF back (12:00)
2& Rf step forward, LF step forward
3&4& RF rock forward, weight back on LF, RF rock backward, weight back on LF
5,6,7 RF step forward, make ½ turn right and step back on LF, make ¼ turn right and RF step to right side (09:00)
&8& LF step next to RF, RF step to right side, LF step next to RF

Start again!
