

Devil's Beat

拍数: 56 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - April 2008
音乐: Devil's Beat - Sandy Thom : (Album: The Pink & the Lily)



Start after a 16 count intro.

Section 1: Toe, Heel, Cross, Coaster Step, Toe Heel Cross, Shuffle.

1 & 2 Tap R toe next to L instep. Dig R heel forward to R diagonal. Cross step R over L.
3 & 4 Step back on L. Step R next to L. Step forward on L.
5 & 6 Tap R toe next to L instep. Dig R heel forward to R diagonal. Cross step R over L.
7 & 8 Step forward on L. Step R next to L. Step forward on L.

Section 2: Syncopated Rocking Chair With 1/4 Turn R, Cross Shuffle, Turn 1/4 L x2.

1 & 2 & Rock forward on R. Recover back on L. Rock back on R. Recover forward on L.
3 & 4 Rock forward on R. recover back on to L. Turn 1/4 R stepping R out to R side.
5 & 6 Cross step L over R. Step R to R side. Cross step L over R.
7 & 8 Turn 1/4 L stepping back on to R. Turn 1/4 L stepping L to L side.

Section 3: Syncopated Rock Steps With 1/4 Turn R. Turn 1/4 R. Turn 1/2 R, Back Lock Step.

1 & 2 & Cross rock R over L. Recover on to L. Side Rock on R to R side. Recover on to L.
3 & 4 Cross rock R over L. Recover on to L. Turn 1/4 R stepping forward on R.
5 & 6 Turn 1/4 R stepping L to L side. Turn 1/4 R Stepping back on R.
7 & 8 Step back on L. Lock step R over L. Step back on L.

Section 4: Mambo Step R, Modified Reverse Rumba, Walk Forward x 2, Mambo Step Forward.

1 & 2 Rock on R out to R side. Recover on to L. Step R next to L.
3 & 4 & Step L out to L side. Step R next to L. Step back on L. Step R out to R side.
5 & 6 Walk forward on L, R.
7 & 8 Rock forward on to L. Recover back on to R. Step back on L.

Section 5: Diagonal back Step, Together, Step x 2, Heel switches x 2, Shuffle Forwards.

1 & 2 Step R long step back to R diagonal. Step L next to R. Small step back on R to R diagonal.
3 & 4 Step L long step back to L diagonal. Step R next to L. Small step back on L to L diagonal.
(For the above 4 counts let your body turn to the R diagonal then the L diagonal).
5 & 6 & Dig R heel forward. Step R next to L. Dig L heel forward. Step L next to R.
7 & 8 Step forward on R. Step L next to R. Step forward on R.

Section 6: Diagonal back Step, Together, Step x 2, Heel switches x 2 With 1/4 Turn R, Mambo Step.

1 & 2 Step L long step back to L diagonal. Step R next to L. Small step back on L to L diagonal.
3 & 4 Step R long step back to R diagonal. Step L next to R. Small step back on R to R diagonal.
(For the above 4 counts let your body turn to the L diagonal then the R diagonal).
5 & 6 & Dig L heel forward. Step L next to R. Turn 1/4 R with R heel dig forward. Step R next to L.
7 & 8 Rock forward on L. Recover back on to R. Step back on L.

Section 7: Cross Twinkle Back, Cross Twinkle Forward, Mambo Step 1/2 Turn, Step 1/2 Turn Step.

1 & 2 Cross step R over L. Step L back to L diagonal. Step R back to R diagonal.
3 & 4 Cross step L over R. Step R forward to R diagonal. Step L forward to L diagonal.
5 & 6 Rock forward on to R. Recover back on to L. Turn 1/2 R stepping forward on R.
7 & 8 Step forward on L. Pivot 1/2 turn R. Step forward on L.