

Crossfire

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Alan Haywood (UK) & Margaret Swift (UK) - April 2008
音乐: Crossfire - The Bellamy Brothers : (Album: The Lost Tracks)



Intro – 32 counts, start on vocals

Section 1

Point Touch. Triple Turn. Step Lock. Step Lock Step.

- 1 – 2 Point right to right side. Touch right next to left.
- 3& 4 ½ turn right stepping right. left. right. (6 o'clock)
- 5 – 6 Step forward on left. Lock right behind left.
- 7& 8 Step forward on left. Cross right behind left. Step forward on left.

Section 2

Rock Recover. Shuffle Back. Turning Hip Bumps. Hip Bumps R L

- 1 – 2 Rock forward on right. Recover on left.
- 3& 4 Step back on right. Close left next to right. Step back on right.
- 5& 6 Turn ½ turn over left shoulder stepping forward on left. bump hips. left. right. left. (12 o'clock)
- 7- 8 Step forward on right. Bump hips. right. left.

Section 3

Step Touch. Walk Back L R L, Cross R over, Unwind full turn L sweeping L

- 1 – 2 Step Forward on right. Touch left behind right
- 3 – 4 Step back on left. Step back on right.
- 5 – 6 Step back on left. Cross right over left
- 7 – 8 Unwind full turn left. (Over two Counts) Sweeping left round. (12 o'clock)

Easy Option for counts 7 – 8: left side rock, recover right

Section 4

Behind Side Cross. Rock Recover Behind Side Cross. Step Touch

- 1& 2 Cross left behind right. step right to right side. Cross left over right.
- 3 – 4 Rock right to right side. Recover on to left.
- 5& 6 Cross right behind left. Step left to left side. Cross right over left.
- 7 – 8 Step left to left side. Touch right next to left

Section 5

R kick ball cross, ¼ R shuffle, rock forward L, recover R, L coaster cross

- 1&2 Kick right forward, step right next to left, cross step left over right
- 3&4 Step right ¼ right, close left next to right, step right forward (3 o'clock)
- 5 – 6 Rock forward onto left, recover weight back onto right
- 7&8 Step back onto left, step right next to left, cross step left over right

Section 6

R side rock, recover L, R behind & across, & cross rock, recover L, ¼ R shuffle

- 1 – 2 Rock right to right side, recover weight onto left
- 3&4 Cross step right behind left, step left to left side, cross step right over left
- &5 – 6 Step left to left side, cross rock right over left, recover weight back onto left
- 7&8 Step right ¼ right, close left next to right, step right forward (6 o'clock)

Section 7

Pivot ½ R, hold, rock back R, recover L, switch R, & L, & cross R over, L side

- 1 – 2 Pivot ½ turn right stepping left back, hold for one count (12 o'clock)

3 – 4 Rock back onto right, recover weight forward onto left
5&6 Touch right heel forward, step right next to left, touch left heel forward
&7 – 8 Step left next to right, cross step right over left, step left to left side
Restart here during wall 5.

Section 8

Touch R side, & cross L over x 2, ¼ R Monterey

1 Touch right to right
&2 Step right next to left, cross step left over right
3 Touch right to right
&4 Step right next to left, cross step left over right
5 – 6 Point right to right side, ¼ turn right stepping onto right
7 - 8 Point left to left side, step left next to right (3 o'clock)

REPEAT AND ENJOY!!

RESTART:

**During wall 5, which starts facing 12 o'clock, dance up to the end of section 7 (stepping left to left side)
Restart the dance from the beginning which will again be facing 12 o'clock – easy to spot –
this is the instrumental section, restart is on return of vocals**
