

Danza Inca

拍数: 0 墙数: 0 级数: Phrased Intermediate
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音乐: Danza Inca - Quipukamak : (CD: Volume 5)



Count in: 8 counts from start of music.

Sequence: A tag1 / A B C tag2 / A tag1 / A B C C C

Part A (64 counts)

(1-8) Vine, hip bumps.

1-2 Step R to right side, step L behind right.
3&4 Step R to right side, left heel and close.
5&6 Step R forward with hip bumps R, L, R.
7&8 Step L forward with hip bumps L, R, L.

(9-16) Jump forward, jump backward, rolling vine.

&1&2 Jump R forward diagonally, touch L beside R, jump L backward diagonally and touch R beside L.
&3&4 Jump R backward diagonally, touch L beside R, jump L forward diagonally and touch R beside L.
5-8 ¼ turn right stepping forward on R, ½ turn right stepping back on L, ¼ turn right stepping R to right side, touch L beside right.

(17-32) Repeat count 1-16 for Left side

(33-40) Side shuffle, ½ turn side shuffle, ½ turn side shuffle, kick-ball change.

1&2 Step R to right side, step L beside right, step R to right side.
3&4 ¼ turn right stepping L to left side, step R beside left, step L to left side.
5&6 ½ turn right stepping R to right side, step L beside right, step R to right side.
7&8 Kick L forward, step on L, step R beside L.

(41-48) Repeat count 33-40 for Left side

(49-56) Rocking chair, ¼ Monterey turn.

1-4 Rock R forward, replace on L. Rock R back, replace on L.
5-8 Touch R to right side, 1/4 turn right step R beside L, touch L to left side, step L beside R.

(57-64) Jazz box, jazz box ¼ turn.

1-4 Cross R over left, step L back. Step R to right side, step L beside right.
5-8 Cross R over left, step L back. ¼ turn right step R to right side, step L beside right.

Part B (24 counts)

(1-8) ¼ right forward shuffle, ½ pivot right turn. Left forward shuffle, ¼ pivot left.

1&2 ¼ turn right step R forward, step L beside right, step R forward.
3-4 Step L forward with ½ turn right step on R.
5&6 Step L forward, step R beside left, step L forward.
7-8 Step R forward with ¼ right turn step on L.

(9-16) Forward shuffle, ½ pivot right turn. Left forward shuffle, ¼ pivot left.

1&2 Step R step forward, step L beside right, step R forward.
3-4 Step L forward with ½ turn right step on R.
5&6 Step L forward, step R beside left, step L forward.

7-8 Step R forward with ¼ right turn step on L.

(17-24) Repeat count 9-16.

Part C (8 counts)

(1-8) Prissy walks, cross forward recover side recover.

1-4 Cross R over left, cross L over right, cross R over left, cross L over right

5-6 Cross R forward, recover on L.

7-8 Rock R to right side, recover on L.

TAG 1

(1-8) Side drag touch.

1-4 Step R to right side, drag L close to right side for 2 counts, hold .(optional - shimmy)

5-8 Step L to left side, drag R close to left side for 2 counts, hold.(optional - .shimmy)

TAG 2

(1-8) Sycropated weave, jazz box ¼ turn.

1&2& Cross R over left, step L to left side, step R behind left, step L to left side

3&4& Cross R over left, step L to left side, step R behind left, step L to left side

(Easier option – Replace with a left weave. Cross R over left, step L to left side, step R behind left, step L to left side)

5-8 Cross R over left, step L back. ¼ turn right step R to right side, step L beside right..

(9-32) Repeat these 8 counts for 3X.
