

Black and Gold

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Black & Gold - Sam Sparro



Walks & point & point, 2 walks & point & point

1-2& Step R Fwd, step L Fwd, small step R back
3&4 Point L to side, step beside R, point R to side
5-8 Rpt 1-4 above

Scuff hitch R, Fwd Hold, scuff hitch L, Fwd Hold

1-2 Scuff R back, hitch
3-4 Step R Fwd, Hold (click fingers)
5-6 Scuff L back, hitch
7-8 Step L Fwd, Hold (click fingers)

Back, up, swivels, R knee down-up, down-up

1-2 Step R large step back, lift heels up
3-4 Swivel heels L, swivel heels R
5 Press R knee down – (straighten L leg)
6 Straighten R, bend L knee Fwd – L heel up

(lean slightly back touching brim of hat with left hand)

7-8 Rpt 5-6 above

Swivel ½ turn right, 1 ¼ spin, side slide

1-2 Swivel heels turning ½ right (cross arms over chest)
3-4 Spin full turn right (or step, L, R)
5-6 ¼ right step L to side, slide R in
7-8 Slide R into L, point L finger to sky, sweep right hand across

Back Rock, chasse right, Back Rock, chasse left ¼ turn

1-2 Rock R back, recover (cross pointed fingers down)
3&4 Step R to side, step L beside, step R to side (point R to sky, point L to floor)
5-6 Rock L back, recover (cross pointed fingers down)
7&8 Step L to side, step R beside, step L ¼ turn left (point R to sky, point L to floor)

Touch turn ¾, Fwd shuffle, side Rock, behind side cross

1-2 Touch R across, spin ¾ left weight on left
3&4 Step R Fwd, step L behind, step R Fwd
5-6 Rock L to side, recover
7&8 Step L behind, step R to side, step L across

Heel-toe & cross shuffle, Heel-toe & cross shuffle

1-2& Touch R heel diagonally Fwd, touch R toe back & small step R to side
(Doff hat on counts 2-4)
3&4 Cross step L, step R to side, cross step L
5-6& Touch R heel diagonally Fwd, (replace hat) touch R toe back & small step R to side (doff hat on counts 6-8)
7&8 Cross step L, step R to side, cross step L

Make ¼ turn Fwd Rock, coaster, Fwd Rock ¾ shuffle

1-2 Turning ¼ right rock R Fwd, recover
3&4 Step R back, step L back, step R Fwd

5-6

Rock L Fwd, recover

7&8

Step L $\frac{1}{2}$ turn left, step R beside, step L $\frac{1}{4}$ turn left
