

Steppin Line

拍数: 32 墙数: 2 级数: Intermediate
编舞者: William Sevone (UK) - April 2008
音乐: Shake (feat. Pitbull) - Ying Yang Twins



Dance starts with the drums and main vocals (approx 21s into music) feet slightly apart, weight on the left.

Choreographers note:- Please remember that the hops/bounces are not 'Moon hops' - keep them short and together.

Add as much or as little of your own styling as you wish - feel the music.

Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.

Diagonal Step x4. Swing Left. Swing Right. Behind. 3/4 Right (9:00)

1 – 2 (with light stomp) Step right diagonally right. Step left diagonally left.
3 – 4 (with light stomp) Step right diagonally right. Step left diagonally left.
5 – 6 Hitch/swing right foot across left leg. Swing right foot to right side.
7 – 8 Step right behind left. Turn $\frac{3}{4}$ right (weight on right) (9)

Style note: 5: Slap/touch foot with left hand. 6: Slap/touch foot with right hand.

Fwd. 2x Hip Bump. Together. Fwd. 2x Hip Bump. 1/2 Left Fwd. 2x Diagonal Step (3:00)

9& 10 (upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
11 (lowering hands & upper body facing fwd) Touch left foot next to right.
12& 13 (upper body turned right with hands at sides of head) Step fwd onto left & bump hips. Bump hips.
14 (lowering hands & upper body facing fwd) Turn $\frac{1}{2}$ left & step forward onto left (3).
15 – 16 (with light stomp) Step right diagonally right. Step left diagonally left.

Turn 1/2 Right Bounce. 1/2 Left Bounce. 1/4 Left Rock. Recover. Bwd Bounce with Sweeps (12:00)

17& 18 (hitching right) Hop/bounce $\frac{1}{2}$ right – count 18 step right next to left: Hop-Hop-Step (9).
19& 20 (hitching left) Hop/bounce $\frac{1}{2}$ left – count 20 step left next to right: Hop-Hop-Step (3).
21 – 22 Turn $\frac{1}{4}$ left & rock forward onto right (12). Recover onto left.
23& 24 (sweeping right out then in) Hop/bounce backward on left – count 24 step right backward.
25& 26 (sweeping left out then in) Hop/bounce backward on right – count 26 step left backward.

Style note: (optional) 17-20: Criss-crossing arms with each 'bounce' will add flavour to the dance.

Turn 1/2 Right Fwd. Fwd. 3x Hitch Run. Bwd. 'On Your Marks' or Option (6:00)

27 – 28 Turn $\frac{1}{2}$ right & (short) step forward onto right (6). (short) Step forward onto left.
29& 30 (hitching knees high) Step forward onto right, step backward onto left, step backward onto right.
31 – 32 (upper body leaning slightly forward) Step backward onto left foot
(with stretched leg) Touch right toe backward & touch left fingers forward to floor.
Option: 31: Step bwd onto left. 32: Hitch right & throw arms bwd (over the head).