Coconut Cha (P)



拍数: 32 墙数: 0 级数: Improver Partner

编舞者: DJ Dan (NL) & Wynette Miller (NL) - April 2008

音乐: Laid Back 'n Low Key (Cay) - Alan Jackson : (CD: Good Time)



Right side by side position, same footwork unless stated.

Intro 20 counts.

Step-Brush, Shuffle Forward; Rock Step Forward, 1/2 Turning Shuffle

1-2 Step Right forward. Brush Left forward. 3&4 Shuffle forward stepping Left, Right, Left. 5-6 Rock Right forward. Recover onto Left

7&8 Shuffle 1/2 turn right stepping Right, Left, Right. RLOD

Left side by side

Step-Brush, Shuffle Forward; Rock Step Forward, 1/4 Turn Chasse

1-2 Step Left forward. Brush Right forward. 3&4 Shuffle forward stepping Right, Left, Right. 5-6 Rock Left forward. Recover onto Right.

7&8 Make 1/4 turn left step Left to left side. Step Right next to Left. Step Left to left side. OLOD

Indian position

Cross Rock, Chasse; Cross Rock, Chasse 1/4 turn left

1-2 Cross rock Right over Left. Recover onto Left.

3&4 Step Right to right side. Step Left next to Right. Step Right to right side.

5-6 Cross Rock Left over Right. Recover onto Right.

7&8 Step Left to left side. Step Right next to Left. Make 1/4 turn left step Left forward. LOD

Man Walk, Walk - Lady Full Forward Turn Left, Both Shuffle forward Man Full Forward Turn Right - Lady Walk, Walk, Both Shuffle Forward

Let go Right hands, raise Left hands.

Lady Make 1/2 turn left step Right back. Make 1/2 turn left step Left forward. 1-2

1-2 Man Walks forward Right, Left.

Rejoin Right hands. Right side by side

Both Shuffle forward stepping Right, Left, Right.

Let go Right hands, raise Left hands.

Lady Walks forward Left, Right. 5-6

5-6 Man Make 1/2 turn Right step Left back. Make 1/2 turn right step Right forward.

Rejoin Right hands. Right side by side

Both Shuffle forward stepping Left, Right, Left. 7&8

Begin again and have fun.