

Lunagirl

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Marion Bessems (NL) - April 2008
音乐: Lunagirl - Lunaman



Start on heavy beats (approx 10 seconds)

SIDE TOGETHER, KICK & TOUCH X2, SIDE SWIVEL X3

1-2 Step R to R side, step L next to R
Arms: 1 – point both fists to R diagonal, 2 – swing both fists to L diagonal
3&4 Kick fwd on R, step R next to L, touch L toe back
Arms: 3 – punch both fists fwd, & - bring both fists to shoulder, 4 – punch both fists down
5&6 Kick fwd on L, step L next to R, touch R toe back
Arms: 5 – punch both fists fwd, & - bring both fists to shoulder, 6 – punch both fists down
&7&8 Step R to R side, swivel both heels R, swivel both heels L, swivel both heels R
Arms: 7 – swing both fists R, & - swing both fists L, 8 – swing both fists R

SIDE BEHIND, ¼ SHUFFLE, STEP PIVOT, ¼ TURNING SHUFFLE

1-2 Step L to L side, cross R behind L
3&4 Make ¼ turn L step fwd on L, step R next to L, step fwd on L (9:00)
5-6 Step fwd on R, pivot ½ turn L (3:00)
7&8 Make ¼ turn L step R to R side, step L next to R, make ¼ turn L step back on R (9:00)

ROCK & KICK & X2, WALK X2, ¼ SWIVEL X3

1&2& Rock back on L, recover on R, kick fwd on L, step down on L
3&4& Rock back on R, recover on L, kick fwd on R, step down on R
Arms: – 2&4 – punch both fists fwd
5-6 Walk fwd on L, walk fwd on R
7&8 On balls of both feet twist ¼ turn L, swivel to R, swivel to L (weight on L) (6:00)
Arms: – 7 – raise both fists and push up R, & - push up L, 8 – push up R

SAILOR, SAILOR ¼, SCUFF OUT OUT, SHAKE X2

1&2 Cross R behind L, step L to L side, step R to R side
3&4 Cross L behind R, step R next to L, make ¼ turn L step fwd on L (3)
5&6 Scuff R beside L, step R to R side, step L to L side
7-8 Shake your butt twice (weight on L)
Arms: – raise your R fist and wave twice

TAG: END OF WALL 4 – FACING FRONT -ROCK & STEP X2

1&2 Rock R to R side, recover on L, step R next to L
Arms – swing your R arm
3&4 Rock L to L side, recover on R, step L next to R
Arms: – swing your L arm