

# You Gotta Move It

**COPPER** **KNOB**  
STEPSHEETS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Gerald Biggs (USA) - April 2008  
音乐: Tribal Dance - Beat Bliss : (CD: Sports Mix)



## Also:

Long Long Way, by Alan Jackson, CD: Good Time

How Long, by The Eagles, CD: Long Road Out Of Eden

Intro: start dance at end of first drum roll, when horns start

## TOE SWITCHES, CLAP, SHUFFLE STEP FORWARD

1&2&      Touch RT toe to RT side, Step RT next to LT, Touch LT toe to LT side, Step LT next to RT  
3-4      Touch RT toe to RT side, Clap  
5&6      Shuffle step forward, R,L,R  
7&8      Shuffle step forward, L,R,L

## FORWARD ROCK RECOVER, UNWIND ½ TURN RT, LT SIDE SHUFFLE , RT HEEL TOE TOUCH

1-2      Rock forward on RT, Recover back on LT  
3-4      Step RT toe behind LT heel, Pivot ½ turn RT  
5&6      Shuffle side LT, L,R,L  
7-8      Touch RT heel forward, Touch RT toe next to LT foot

## RT SIDE SHUFFLE, TOE POINTS, SAILOR STEP, ¼ TURN LT

1&2      Shuffle side RT, R,L,R  
3-4      Point (touch) LT toe forward (6:00) Point (touch) LT toe to side (3:00)  
5&6      Step LT behind RT, Step RT to side, Step LT next to RT  
7-8      Step forward RT, Pivot ¼ turn LT (weight LT)

## WALK FORWARD, ROCK RECOVER, COASTER STEP, STEP TURN

1-2      Walk forward, R,L,  
3-4      Rock forward on RT, Recover back on LT  
5&6      Step back RT, Step LT next to RT, Step forward RT  
7-8      Step forward LT while turning ¼ turn RT, Touch RT toe next to LT

## SAILOR STEP, STEP TURN, HEEL TOUCHES, CLAP

1&2      Step RT behind LT, Step LT to side, Step RT next to LT  
3-4      Step forward LT while turning ¼ turn RT, Touch RT toe next to LT  
5&6&      Touch RT heel forward, Step RT next to LT, Touch LT heel forward, Step LT next to RT  
7-8      Touch RT heel forward, Clap

## SHUFFLE SIDE RT, ROCK RECOVER, SHUFFLE SIDE LT ROCK RECOVER

1&2      Shuffle side RT, R,L,R  
3-4      Rock back on LT, Recover forward on RT  
5&6      Shuffle side LT, L,R,L  
7-8      Rock back on RT, Recover forward on LT

Repeat