

Don't Bite Me

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Iliane Raiza van der Graaf (NL) - March 2008
音乐: Same Dog - Laura Bryna : (CD: Trying To Be Me, West Coast Swing)



Intro: 16 counts (start on vocals)

WALK, WALK, KICK OUT-OUT, SWAY, SWAY, & SAILOR STEP

- 1 step forward on right
- 2 step forward on left
- 3 kick right foot forward
- & step right to right side
- 4 step left to left side
- 5 sway hips left
- 6 sway hips right
- & recover weight onto left
- 7 cross step right behind left
- & step left to left side
- 8 step right to right side

SAILOR ¼ TURN LEFT, HIPBUMPS, ½ TURN LEFT, HIPBUMPS, KICK BALL CROSS

- 9 turning ¼ left cross left behind right
- & step right to right side
- 10 step left to left side
- 11 touch right toe forward, bump right hip forward
- & bump left hip back
- 12 step forward on right, bump right hip forward
- 13 turn ½ left, touching left toe forward, bump left hip forward
- & bump right hip back
- 14 step forward on left, bump left hip forward
- 15 kick right foot diagonally forward
- & step right foot in place
- 16 cross step left over right

HIP BUMPS, SWEEP, SAILOR STEP, SAILOR STEP ¼ TURN LEFT, HIP BUMPS

- 17 touch right toes diagonally forward, bump right hip forward
- & bump left hip back
- 18 bump right hip forward
- & sweep right back
- 19 cross step right behind left
- & step left to left side
- 20 step right to right side
- 21 turning ¼ left cross left behind right
- & step right to right side
- 22 step left to the left side
- 23 touch right toe forward, bump right hip forward
- & bump left hip back
- 24 step forward on right, bump right hip forward

TURN LEFT, HIP BUMPS, KICK BALL CROSS, SIDE ROCK, RECOVER, CROSS BEHIND, UNWIND FULL TURN RIGHT

- 25 turn ½ left, touching left toe forward, bump left hip forward

& bump right hip back
26 step forward on left, bump left hip forward
27 kick right foot diagonally forward
& step right foot in place
28 cross step left over right
29 rock right to right side
30 recover onto left
31 cross right behind left
32 unwind full turn right (end with weight on left)

TAG:

There is a 12 count tag at the end of wall 2, then start the dance from the beginning.

WALK, WALK, MAMBO STEP, WALK BACK, WALK BACK, COASTER STEP

1 step forward on right
2 step forward on left
3 rock forward on right
& recover onto left
4 step back on right
5 step back on left
6 step back on right
7 step back on left
& step right next to left
8 step forward on left

SWAY, SWAY, HIP ROLL WITH TOUCH

9 step right to right side, sway hips right
10 sway hips left
11 roll hips anti clockwise
12 touch right toes next to left, pop L-knee forward

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