

Westlife's World

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Michael Lynn (UK) - March 2008
音乐: Us Against the World - Westlife : (4:01)



(16 count intro (start on the word "I"), 119bpm)

CROSS MAMBO LEFT, CROSS MAMBO RIGHT. REVERSE WEAWE RIGHT, ROCK 1/4 LEFT, RECOVER

1&2 Cross left over right, rock back onto right, step left to left side,
3&4 Cross right over left, rock back onto left, step right to right side,
5&6 Cross left over right, step right to right side, step left behind right,
7&8& Rock right back 1/4 left, recover left, step forward right, step forward left.

ALT: 7&8& Step 1/4 right right, step forward left, pivot 1/2 right, step forward left.

FORWARD ROCK & STEP, BACK ROCK & STEP, SIDE ROCK & CROSS, SIDE ROCK & CROSS

1-2& Rock forward right, recover left, step right back,
3-4& Rock back left, recover right, step left forward,
5-6& Rock right 1/4 left to right side, recover left, cross right over left,
7-8 Rock left to left side, recover right.

RESTART: Restart dance from beginning at this point on Wall 5.

CROSS, SWAY RIGHT, SWAY LEFT, CHASSE RIGHT, SWAY LEFT, SWAY RIGHT, CHASSE LEFT

&1-2 Cross left over right, step right to tight side swaying right, sway left,
3&4 Step right to right side, close left beside right, step right to right side,
5-6 Sway left, sway right,
7&8 Step left to left side, close right beside left, step left to left side.

ALT: 3&4/7&8 Can both be replaced with a full triple right (3&4), full triple left (7&8).

CROSS, BACK, SIDE, JUST A MEMORY TURNS x2, HIPROCK RECOVER

1&2 Cross right over left, step left back, step right to right side,
3&4 Step forward left, pivot ½ right, step forward left,
5&6 Step forward right, pivot ½ left. Step forward right,
7-8 Rock forward left, recover right (circle hips).

TAG (Dance after Wall 2)

SIDE STEP, SWAYS x4

1-2 Step left to left side swaying left, sway right,
3-4 Sway left, sway right.

CHOREOGRAPHER's NOTE's

I wrote this dance as an improver nightclub 2-step. The tag is very simple (just swaying) and the restart is obvious (music tells you). I have provided alternative steps for those who like to turn (like me!)