

Dad

拍数: 32 墙数: 4 级数: Beginner
编舞者: Chris Jackson (UK) & Pete Jackson (UK) - March 2008
音乐: Dad - Nancy Hays : (Album: Come Dance With Me)



(16 count intro)

Right lock step hold, rock forward, back, ¼ turn left hold

1, 2 Step forward right foot, lock left behind right
3, 4 Step forward right foot, hold
5,6 Rock forward left foot, rock back on right
7, 8 Turn ¼ left stepping on left foot, hold

Step taps forward and back

9, 10 Step diagonally forward right foot, tap left toe next to right
11,12 Step diagonally back left foot, tap right toe next to left
13,14 Step diagonally back right foot, tap left toe next to right
15,16 Step diagonally forward left foot, tap right toe next to left

Hip bumps hold, scissor step hold

17,18 Stepping right foot to side, bump hips right, bump hips left
19,20 Bump hips right, hold
21,22 Step left to side, step right next to left
23,24 Step left foot across in front of right, hold

Side, hold, back rock x 2

25,26 Step right to side, hold
27,28 Rock back on left, recover forward onto right
29,30 Step left to side, hold
27,28 Rock back on right, recover forward onto
