Ain't No Crime



拍数: 32 墙数: 2 级数: Intermediate

编舞者: Joey Prieur (CAN) - March 2008 音乐: It Ain't No Crime - Joe Nichols



ROCK BACK, RECOVER, TRIPLE STEP, ROCK BACK, RECOVER, TRIPLE TURN 1/4 RIGHT

1-2 Rock right behind left, recover on left (12:00)

3&4 Triple step in place, right, left, right.5-6 Rock left behind right, recover on right

7&8 Triple step in place turning ¼ right, left, right, left. (3:00)

ROCK BACK, RECOVER, SHUFFLE FORWARD, ½ PIVOT TURN, SHUFFLE FORWARD

1-2 Rock right behind left, recover on left 3&4 Shuffle forward, right, left, right

5-6 Step forward on left, pivot ½ turn right (9:00)

7&8 Shuffle forward, left, right, left

ROCK FORWARD, RECOVER, SHUFFLE BACK 3X

1-2 Rock forward on right, recover on left
3&4 Shuffle going back, right, left, right
5&6 Shuffle going back, left, right, left
7&8 Shuffle going back, right, left, right

Altenative for last 6 counts: do a full turn during 3 shuffles backward

ROCK BACK, RECOVER, LEFT TOE FORWARD TOUCH WITH BUMPS, RIGHT TOE FORWARD WITH BUMPS, ROCK, RECOVER, TURN 1/4 LEFT

1-2 Rock back on left, recover on right

Touch left toe forward, bump hips and put weight down on left Touch right toe forward, bump hips and put weight down on right

7&8 Rock forward on left, recover on right, step left to side with ¼ turn left (6:00)

Repeat and enjoy