

# Just Fine

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Shaz Walton (UK) - March 2008  
音乐: Just Fine - Mary J. Blige : (CD Single or Growing Pains Album)



Count in – 32- On main Vocals – BPM – 24

**Bump. Bump. Coaster step. Walk. Walk. ¼ side. Together. Side.**

- 1-2      Bump right hip to right. Bump left hip to left.
- 3&4      Step right back. Step left beside right. Step right forward.
- 5-6      Walk forward left. Walk forward right.
- 7&8      Make ¼ right as you step left to left side. Step right beside left. step left to left side (remain looking towards the front & pop those shoulders) (Lyrics-I like what I see when I'm looking at me when I'm walking past the mirror- so POSE!

**Make ¼ right ½ right. Coaster step. Touch. Hitch. Step. Side rock. Hitch. Step.**

- 1-2      Step right ½ turn right. Make ½ turn right stepping back on left.
- 3&4      Step back right. Step back left. step forward right.
- 5&6&      Touch left to left. Hitch left knee. Step left down. Rock out to right.
- 7&8      Recover on left. Hitch right knee. Step right beside left.

**Diagonal press with flick. ¼ Step. Side. Together . Side. Roll. Roll. Hold. Side. Step.**

- 1-2      Press left to left diagonal as you flick right behind. Step right back down making a ¼ turn left.
- 3&4      Step left to left. step right beside left. Step left to left.
- 5-6      Roll right knee clockwise. Roll left knee anti clockwise.
- 7&8      Hold. Step right beside left. Step left to left side.

**Rock back. Recover. Step. Drag. Step. Cross. Back. ¼ coaster step. .**

- 1-2      Rock right behind left (big step) Recover on left.
- 3-4      Step right BIG step to right with left dragging up to right. Step left beside right.
- 5-6      Cross step right over left. Step left back.
- 7&8      Step back right making ¼ right. Step back left. Step forward right.

**Side. Bump. Sailor ¼ right. Kick. Ball. Touch. Pendulum knees.**

- 1-2      Step left to left side. Bump hips over to left & look left.
- 3&4      Sailor ¼ turn right.
- 5&6      Kick left forward. Step left beside right. Touch right beside left.
- &7&8      Pop right knee to right. Pop back in as if touching left knee. Pop left knee to left. Pop left knee back towards right.

**(weight ends on left) (try to keep this movement smooth)**

**Side. Bump. Coaster step. Kick. Ball. Touch. Kick. Step. Kick. Step.**

- 1-2      Step right to right. Bump hips to right & look right.
- 3&4      Step back left. Step back right. Step right left .
- 5&6      Kick right forward. Step right beside left. Touch left beside right.
- &7&8      Low kick left forward. Step left beside right. Low kick right forward. Step right beside left.

**Side rock. Step. Hold. Shoulder pop. Side rock. Recover. Brush. Hitch. Coaster step.**

- &1-2      Rock out to left. Recover on right. Step left beside right
- 3&4      Hold. Pop right shoulder up, left down. Pop left shoulder up, right down.
- 5&6      Rock out to right. Recover on left. Brush right forward.
- &7&8      Hitch right. Step back right. Step back left. step forward right,

**Step ¼ pivot right. Cross point. point side. Raise. Cross. side. Side.**

- 1-2 Step left forward. Make ¼ pivot turn right (let your shoulders & upper body go here!)
  - 3-4 cross point left over right. Point left to left side.
  - 5-6 Raise left knee. Cross left over right. (Like you are stepping over something)
  - 7-8 step right out to right. Step left out to left.
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