

Heartbreak School

COPPER KNOB
STEPPERS

拍数: 32 墙数: 1 级数: Improver
编舞者: Kathy Heller (USA) - February 2008
音乐: HeartBreak School - James Bonamy : (CD: Steppin' Country Vol. 3)



or

What I Live To Do (122 bpm)
Some Things Never Change by Sara Evans

BUMPS, ROCK STEPS

1&2 Step forward on right and bump right-left-right
3&4 Step forward on left and bump left-right-left
5-6 Rock forward on right, rock left back
7&8 Rock forward on right, rock left back, rock forward on right (12:00)

STEP, ¼ TURN, SHUFFLE FORWARD, ROCK STEP, ¼ SHUFFLE RIGHT

1-2 Step forward on left, pivot ¼ right
3&4 Shuffle forward left-right-left
5-6 Step forward on right, rock left back
7&8 Turn ¼ right and shuffle sideways right-left-right (6:00)

BUMPS, ROCK STEPS

1&2 Step forward on left and bump left-right-left
3&4 Step forward on right and bump right-left-right
5-6 Rock forward on left, rock right back
7&8 Rock forward on left, rock right back, rock forward on left (6:00)

ROCK STEP, ¼ TURN, SHUFFLE, STEP ¼ TURN, STEP, HOLD

1-2 Rock forward on right, rock left back
3&4 Turn ¼ right and shuffle sideways right-left-right
5-8 Step forward on left, pivot ¼ turn right, step left next to right, hold (12:00)

For more experienced dancers, change steps 29-32 as follows:

29-32 Rock forward on left, rock right back, ¾ turn shuffle left