

Low Key

拍数: 32 墙数: 4 级数: Improver
编舞者: Maggie Gallagher (UK) - February 2008
音乐: Laid Back 'n Low Key (Cay) - Alan Jackson : (CD: Good Time - 2:52)



Intro : 20counts - Start on the word "Low". (13secs.) (Dance moves Clockwise)

SIDE, ROCK BACK, RECOVER, RIGHT LOCK, STEP, 1/2 PIVOT RIGHT, 1/2 SHUFFLE TURN RIGHT

1,2,3 Step left to left side, Rock back on right, Recover onto left (12:00)
4&5 Step forward on right, Lock left behind right, Step forward on right
6,7 Step forward on left, Make 1/2 pivot turn right (6:00)
8&1 Make 1/4 turn right stepping left to left side, Step right next to left, Make 1/4 turn right stepping back on left (12:00)

ROCK BACK, RECOVER, RIGHT KICK-BALL-CROSS, SIDE, TOUCH, LEFT SIDE CHASSE

2,3 Rock back on right, Recover onto left
4&5 Kick forward on right, Step onto ball of right, Cross left over right
6,7 Step right to right side, Touch left next to right
8&1 Step left to left side, Step right next to left, Step left to left side

CROSS ROCK , RECOVER, RIGHT SIDE CHASSE, CROSS ROCK, RECOVER, SIDE LEFT

2,3 Cross rock right over left, recover onto left
4&5 Step right to right side, Step left next to right, Step right to right side
6,7,8 Cross rock left over right, Recover onto right, Step left to left side

RIGHT CROSS, 3/4 UNWIND LEFT, ROCK BACK, RECOVER, STEP, CROSS POINT, SIDE, CROSS POINT

1,2 Cross right over left, Unwind 3/4 turn left (end with weight on right) (3:00)
3,4 Rock back on left, Recover onto right

Restart here on walls 2 and 5

5,6 Step forward on left diagonal, Point right toe across left
7,8 Step right to right side, Point left toe across right (3:00)

Begin again.

TAG:

At the end of walls 1 and 4 add this 4 count TAG.

SIDE SWAYS LEFT, RIGHT, LEFT, RIGHT

1,2 Step to left side swaying hips left, Sway hips right
3,4 Sway hips left, Sway hips right