

Saddle Up Shawty (aka Hip Hop Twist)

COPPER KNOB
BY STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Guyton Mundy (USA) - February 2008
音乐: Saddle Up Shawty (Club Mix) - Mikel Knight : (CD: Urban Cowboy)



Intro: None, cold start immediately after the rooster crows

Kick, Step; Kick, Hook; Step; Hold (add hands), Hitch; Walk back & Touch; Left Hip bumps x 2

1&2& Low kick R fwd, step on R, Low kick L fwd, Hook L over R knee,
3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)

[Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right side with L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch(4)]

5 & 6 Walk back L, walk back R, Touch L out to left side
7, 8 Bump L hip up and to the left twice (12:00)

Step to L side; Quarter-turn Sailor; Half-turn Sailor; R shuffle fwd; Step fwd L

1, Step L to left side
2&3 Step R behind L, turn ¼ to left stepping fwd on L, step R to right side
4&5 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
6&7 Step R fwd, Step L next to R, Step R fwd
8 Step fwd on L (3:00)

Step R fwd, Half-turn hip roll; Half-turn Sailor; Step R fwd, Half-turn hip roll; L Coaster Step

1, 2 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)
3&4 Step L behind R turning ¼ to left, Step R to right side turning ¼ to left, Step L fwd
5, 6 Step R fwd, Roll hips around in counter-clockwise ½ turn (weight stays on R)
7&8 Step L back, Step R back next to L, Step L fwd (9:00)

Funky skates fwd x 2; Cross, back, ¼ turn; ¼ turn; ½ turn; L Shuffle fwd

1, 2 Big step up and out with R to right side, Big step up and out with L to left side
3&4 Cross step R over L; Step back on L; Step R to right side turning ¼ to right
5, 6 Turn ¼ to right stepping L to left side; Half Hinge turn to the back over R shoulder stepping R to right side
7&8 Step L fwd, Step R next to L, Step L fwd (9:00)

****Restart here on wall 6**

Right Out, Out, In, In, Scuff, Hitch, Step; Left Out, Out, In, In, Scuff, Hitch, Step

1&2& Step R out to right side, Step L out to left side, Step R in to center, Step L in to center
3&4 Scuff R, Hitch R, Step on R next to L
5&6& Step L out to left side, Step R out to right side, Step L in to center, Step R in to center
7&8 Scuff L, Hitch L, Step on L next to L (9:00)

Step Side Right; Split Heels; Small Hip Rolls; Chasse to left; Quarter-turn paddles x 2

1&2 Step R out to right side; with weight on balls of feet, split heels out and back to center (Knees go in)
3, 4 Roll hips in small counter-clockwise circle; repeat (weight stays on R)
5&6 Step L to left side; Step R next to L; Step L to left side
7, 8 Keeping weight on L for both counts, paddle ¼ to left touching R foot to right side; paddle ¼ to left touching R foot to right side (3:00)

****Restart: After 32 counts of Wall 6 you will be facing the original starting wall. Restart the dance from the**

beginning after the Left Shuffle forward (count 32).
