

Groove With Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
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音乐: Gareth Gates - Groove With Me : (CD: Go Your Own Way)



Intro: 32 counts

(1-8) Side rock & beside, side rock & beside, walk forward, shuffle forward

1-2& Rock R to right side, recover onto L & step R beside L
3-4& Rock L to left side, recover onto R & step L beside R
5-6 Step R forward, step L forward
7&8 Step R forward, close L beside R, step R forward

(9-16) Rock L forward, recover, coaster step, rock R forward, recover, sailor touch ¼ turn R

1-2 Rock forward onto L, recover onto R
3&4 Step back on L, step R beside L, step L forward
5-6 Rock forward onto R, recover onto L
7&8 Cross R behind L, turn ¼ right stepping L to left side, touch R beside L (3h00)

Restart: here on wall 4 (facing front wall).

(17-24) Side touch, step forward, side touch, step forward, kick R forward, flick back ½ turn L, lock step forward, big step L, drag

1-& Touch R to right side & step R forward
2-& Touch L to left side & step L forward
3-4 Kick R forward, flick R foot back behind out to right side turning ½ turn left (9h00)
5&6 Step R forward, lock L behind R, step R forward
7-8 Step big step L to left side, drag R towards left & step beside (weight ends on R)

(25-32) Cross, beside, sailor step, step forward, pivot ¼ turn L, step forward, pivot ¼ turn L.

1-2 Cross L over R, step R beside L
3&4 Cross L behind R, step R to right side, step L to place
5-6 Step R forward, pivot ¼ turn left (6h00)
7-8 Step R forward, pivot ¼ turn left (3h00)

Restart: On wall 4 you will restart the dance after counts 15&16 (sailor touch ¼ turn R)