

# At The Beginning

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Geri Morrison (UK) - March 2008  
音乐: At the Beginning - Richard Marx & Donna Lewis



Count in: Start counting around 28 sec in, the dance starts on the first heavy beat,

## Section 1

**Step Forward, Rock Recover, Behind Side Cross 1/4 Turn, Rock Recover Hook, Cha cha**

1            Step Forward on Right,  
2-3         Rock Forward On Left, Recover Weight on Right,  
4&5        Cross Left Behind Right, Right To Right, Cross Left Over Right,  
6-7        Make a 1/4 Turn Right, Rock Forward on Right Recover Weight on Left at Same Time Hook  
             Right in front of Left  
8&1        Small Shuffle Forward Right, Left, Right (Cha Cha) (3 o'clock)

## Section 2

**Pivot 1/2 Turn Right, Behind Turn Step, Pivot 1/2 Turn, Left Shuffle 1/2 Turn**

2-3        Step Forward on Left, Pivot 1/2 Turn Right,  
4&5        Make 1/4 Turn Right On Left, Step Right behind Left, Make a 1/4 Turn Left Stepping Left  
             Forward (9 o'clock)  
6-7        Step Forward on Right, Pivot 1/2 Turn Left,  
8&1        Shuffle 1/2 Turn Left Stepping Right, Left Right, (9 o'clock)

## Section 3

**Sway 1/4 Left, Rock Recover 1/2 Turn Right, 1/2 Turn Right, Step Forward, 1/4 Turn Rock & Cross**

2-3        Sway 1/4 Turn Left onto Left, Sway Right Taking Weight on Right, (6 o'clock)  
4&5        Rock Back on Left, Recover Weight on Right, Make 1/2 Turn Right Stepping Back on Left,  
6-7        Make 1/2 Turn Right Stepping Forward on Right, Step Forward on Left, (6 o'clock)  
8&1        Rock Right Forward Make 1/4 Turn Left Recover Weight Left, Cross Right Over Left,

**(Easy Option for 4&5 6-7 )**

4&5-6-7    (Rock Back & Recover Step Forward on Left, Walk Right Then Left Forward)

## Section 4

**Sway Left, Sway Right, Chasse, Cross Unwind Full Turn, Rock Back, & Recover**

2-3        Sway Left, Sway Right,  
4&5        Chasse Left Stepping Left, Right, Left,  
6-7        Cross Right Over Left, Unwind a Full Turn Keeping Weight on Left Just Touching Right Next  
             To Left,  
8&        Rock Back on Right, Recover Weight on Left (3 o'clock)

**(Easy Option for 6-7)**

6-7        (Cross Right over Left, Step Back on Left)

Begin again.

## Choreographer's Note

There are 2 Easy Tags - Both 8 Counts

First Tag: At the End of 2nd Wall Facing 6 o'clock

Second Tag: At the End of 4th Wall Facing 12 o'clock

**Step Forward, Rock Recover Shuffle 1/2 Turn, Pivot 1/2 Turn, Step Forward &**

1            Step Forward on Right,  
2-3        Rock Forward on Left, Recover Weight on Right,  
4&5        Shuffle 1/2 Turn Left Stepping Left, Right, Left,

6-7

Step Forward on Right, Pivot 1/2 Turn Left,

8&

Step Forward on Right, Bring Left Next To Right

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