

# Laid Back

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Terry Dunbar (AUS) - March 2008  
音乐: Laid Back 'n Low Key (Cay) - Alan Jackson : (Album: Good Time)



---

## START AFTER 16 BEATS - 2 BEATS BEFORE VOCALS

1,2,3,4      Step fwd R, On both feet twist 1/4 L, Twist 1/4 R, Step back R to R diag  
5,6,7,8      Cross L over R, Step R to side, Cross L over R, Step R to side

9,10,11,12      Rock back L, Rock fwd R, Rock on L to side, Rock onto R turning 1/4 R  
13,14,15,16      Step fwd L, 1/2 Pivot R, Step fwd L, Step fwd R to R diag.

17,18,19,20      Cross rock L over R, Replace on R, Step L to side, Cross R over L  
21,22,23,24      Step L to side, Rock back R, Rock fwd L, 1/2 turn L stepping back on R

25,26,27,28      Rock back L, Rock fwd R, Shuffle fwd turning 1/2 turn R  
29,30,31,32      Rock back R, Rock fwd L, 1/2 turn L step back R, 1/2 turn L step fwd L. (or walk fwd R, L)

**Begin again.**

**TAG: At end of wall one: Rock fwd R, Back L, Rock back R, Fwd L.(rocking chair)**

---