

Good Friends, Good Times

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Rosalie Mackay (AUS) - December 2007
音乐: Good Friends & Good Times - Tracy Killeen Track : (Album: Back There, Also available on Gone Country Dance Hits128, Track Time: 3:46)



Starts after 16 counts

DIAGONAL STRUT, CROSS STRUT, DIAGONAL STRUT, BACK ROCK

1,2,3,4 Step R toe to R diagonal, Drop R heel, Cross L toe over R, Drop L heel
5,6,7,8 Step R toe to R diagonal, Drop R heel, Rock back on L, Rock fwd on R

DIAGONAL STRUT, CROSS STRUT, DIAGONAL STRUT, BACK ROCK

1,2,3,4 Step L toe to L diagonal, Drop L heel, Cross R toe over L, Drop R heel
5,6,7,8 Step L toe to L diagonal, Drop L heel,, Rock back on R, Rock fwd on L

SIDE SHUFFLE, BACK ROCK, SIDE SHUFFLE, BACK ROCK

1&2,3,4 Side shuffle to R stepping R,L,R, Rock back on L, Rock fwd on R
5&6,7,8* Side shuffle to L stepping L,R,L, Rock back on R, Rock fwd on L*

FWD HOLD, & FWD HOLD, & FWD TOGETHER, HEELS R, CENTRE

1,2&3,4 Step R fwd at 45'R, Hold, Step L beside R, Step R fwd at 45'R, Hold
&5,6,7,8 Step L beside R, Step R fwd at 45'R, Step L beside R, Twist heels R, Heels Centre

BACK, TAP & CLAP, Right & Left, BACK, TOGETHER, HEELS R, CENTRE

1,2,3,4 Step R back at 45'R, Tap L beside R & clap, Step L back at 45'L, Tap R beside L & clap
5,6,7. 8 Step R back at 45'R, Step L beside R, Twist heels R, Heels Centre

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1,2,3&4 Rock R to R side, Replace weight on L, Cross R over L, Step L to L side, Cross R over L
5,6,7&8 Rock L to L side, Replace weight on R, Cross L over R, Step R to R side, Cross L over R

REVERSE ¼ TURN, SHUFFLE FWD, FULL TURN or walk L, R, SHUFFLE FWD

1,2,3&4 ¼ Turn L step R back (9.00), ½ Turn L step L fwd, Shuffle fwd R, L, R (3.00)
5,6,7&8 ½ Turn R step L back, ½ Turn R step R fwd, Shuffle fwd L, R, L (3.00)

PIVOT 1/2 TURN, STEP, HOLD, PIVOT 1/2 TURN, STEP, HOLD

1,2,3,4 Step R fwd, Pivot ½ turn L weight on L, Step R fwd, Hold (9.00)
5,6,7,8 Step L fwd, Pivot ½ turn R weight on R, Step L fwd, Hold (3.00)

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One Restart: *3rd Wall after 24 counts facing back wall. (6.00)