

Thriller

拍数: 0 墙数: 1 级数: Phrased Intermediate
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音乐: Thriller - Michael Jackson



Info: after 48 counts, intro 32, A64, C48, A64, C48, A28, A64, C40, C48, A64, A64, A32, HAHA

Intro: 32 counts

Holds, head nods, arms up, holds

1-4 Hold for 3 counts, nod head to right side
5-8 Hold for 3 counts, nod head to right side

9-12 Hold for 3 counts, nod head to right side
13-16 Arms up, hold for 3 counts (weight on Left)

Wave arms and bump hips right 8x, wave arms and bump hips left 8x

17-24 8 x hips and arms to right side (arms stay up)
25-32 8 x hips and arms to left side (arms stay up)

Part A: 64 counts

Sidestep and wave right arm with hip bumps

1-8 Step Right to right side with Right arm up, and 8 x hips and Right arm to right side

Jump together, walk, jump apart, jump together and bend forward, straighten up, clap

9-12 jump together Left, Right, 3 steps forward Left, Right, Left
13-14 Jump open Right, Left, jump together Right, Left (bend forward, head down)
15-16 Straighten up arms up, clap above head (weight on left)

Sidesteps, touch, sidesteps, beside with claps above head

17-18 Sidestep Right, Left beside Right and clap above head
19-20 Sidestep Right, Left touch beside Right and clap above head
21-22 Sidestep Left, Right beside Left and clap above head
23-24 Sidestep Left, Right beside Left and clap above head

Turn ¼ left, ½ right, "Thriller walk", ½ left, ½ right, Rarm in front of chest, fingers forward, Larm further forward, fingers forward

&25 ¼ left with Left hitch, step Left forward, Larm in front of chest, fingers forward, Rarm further forward, fingers forward
&26 ½ right with Right hitch, step Right forward
27-28 Step forward Left, Right
29-30 Step forward Left, Right, Rarm in front of chest, fingers forward, Larm further forward, fingers forward
&31 ½ left with Left hitch, step Left forward, Larm in front of chest, fingers forward, Rarm further forward, fingers forward
&32 ½ right with Right hitch step Right forward

Turn ½ left, "Thriller walk", ½ right, ½ left, ¼ left and sidestep and bow knees with hands on thighs, Rarm in front of chest, fingers forward, Larm further forward, fingers forward

&33&34 ½ left with Left hitch, step Left forward, step Right forward
35-36 Step forward Left, Right
37 Step forward Left, Larm in front of chest, fingers forward, Rarm further forward, fingers forward

- &38 ½ right with Right hitch, step Right forward, Rarm in front of chest, fingers forward, Larm further forward, fingers forward
- &39-40 ½ left with Left hitch, step Left forward, ¼ left and sidestep right with bent knees, hands on thighs, weight on Left

Diagonal steps with knees bowed and hands on thighs, hold and look back

- 41-42 Step diagonally forward Right, Left (with bent knees, hands on thighs),
- 43-44 Step diagonally forward Right, hold and look left behind

Diagonal steps with knees bowed and hands on thighs, jump ½ right with clap above head

- 45-46 Step diagonally forward Left, Right
- 47-48 Step diagonally forward Left, jump ½ right with Right, Left and clap above head

Diagonally forward with shimmy shoulders, step beside, hold and clap x 2

- 49-50 Step diagonally forward Right, hold (shimmy shoulders)
- 51-52 Touch Left beside Right, hold and clap
- 53-54 Step diagonally forward Left, hold (shimmy shoulders)
- 55-56 Touch Right beside Left, hold and clap

Rolling vine right, touch and clap above head, Rolling vine left, touch and clap above head

- 57-58 ¼ right and Right forward, ½ right and Left back
- 59-60 ¼ right and sidestep Right, touch Left beside Right and clap above head
- 61-62 ¼ left and Left forward, ½ left and Right back
- 63-64 ¼ left and sidestep Left, touch Right beside Left and clap above head

C chorus: 48 counts

Sidestep, hold, beside, hold, sidestep, hold, beside, hold with left arm forward and right arm backwards

- 1-2 Sidestep Right, hold (Leftarm forward and Rightarm backwards, shimmy shoulders, look forward)
- 3-4 Left beside Right, hold (Leftarm forward and Rightarm backwards, look forward)
- 5-6 Sidestep Right, hold (Leftarm forward and Rightarm backwards, shimmy shoulders, look forward)
- 7-8 Left beside Right, hold (Leftarm forward and Rightarm backwards, look forward)

Sidestep, beside, sidestep, touch, ½ right and sidestep, beside, sidestep, touch with swim movement

- 9-10 Sidestep Right (hipbump) Left beside Right (arms forward and open, swim movement)
- 11-12 Sidestep Right (hipbump), Left touch beside Right (arms forward and open, swim movement)
- 13-14 ½ right Sidestep Left (hipbump) Right beside Left (arms forward and open, swim movement)
- 15-16 Sidestep Left (hipbump), Right touch beside Left (arms forward and open, swim movement)
- 17-32 repeat this 16 counts

Jump ½ right and wave arms in front of chest and bump hips x 4

- 33-36 jump ½ right and bump hips and wave arms right, left, right, left
- 37-40 jump ½ right and bump hips and wave arms right, left, right, left
- 41-44 jump ½ right and bump hips and wave arms right, left, right, left
- 45-48 jump ½ right and bump hips and wave arms right, left, right, left

At A28: on count 28 ¼ left and sidestep Right (weight on Left)
