Hell's Lindy



音乐: Mr. Pinstripe Suit - Big Bad Voodoo Daddy



Or Music: Man With A Hex by The Atomic Fireballs [Torch This Place]

Sequence: Intro, Sections 1-20, 9-16, 21-24 then start again

INTRO

ITCHES WITH RUN FORWARD

1-8 Itch with both hands on different parts of the body as if bitten by mosquito

Itches fall on counts 1,3,5,7

1-4 Repeat itches on counts 1 and 4 5-8 Run forward-right, left, right, left

THE MAIN DANCE

KICK STEP TWICE, CROSS ROCK, KICK, KICK

1-2 Kick right forward, step right beside left
3-4 Kick left forward, step left beside right
5-6 Cross rock right over left, recover onto left

7-8 Kick right forward, kick right to right side and click fingers

FALL OFF THE LOG TWICE

1-2 Cross right behind left, step left to left side3-4 Cross right over left, kick left to left side and click fingers

5-6 Cross left behind right, step right to right side

7-8 Cross left over right, hold

JAZZ BOX 1/4 TURN RIGHT

1-2 Cross right over left, hold3-4 Step left back, hold

5-6 Step right forward making ¼ turn right, hold

7-8 Step left forward, hold

JAZZ BOX 1/4 TURN RIGHT

1-8 Repeat previous 8 counts

STEP AND CLAP X 4

Step right to right side, hold and clap hands low to right side
Step left to left side, hold and clap hands low to left side
Step right to right side, hold and clap hands high to right side
Step left to left side, hold and clap hands high to left side

STEP AND CLAP X 4

1-8 Repeat previous 8 counts

STOMP OUTS, CHECK PECKS

1-2	Stomp right to right side (right arm out to side, palm down, elbow bent), hold
3-4	Stomp left to left side (left arm out to side, palm down, elbow bent), hold

5-8 Peck head forward on counts 5-6-7, hold

STEP, HOLD, PIVOT ½, RUN FORWARD

1-2 Step right forward, hold3-4 Pivot ½ turn left, hold

5-8 Run forward-right, left, right, left

"64-count Big Repeat" begins here

CHARLESTON KICKS

1-2 Kick right forward, bring right foot back to place keeping it off the floor

3-4 Kick right back to right diagonal, step right back

5-6 Rock left back, recover onto right7-8 Kick left forward, step forward onto left

9-32 Repeat previous 8 counts THREE more times

SLOW SUSIE Q TO LEFT TWICE

1-2 Cross right over left, hold

3-4 Step left to left side lifting right toe off floor to right side, hold

5-8 Repeat counts 1-4

FAST SUSIE Q TO LEFT WITH HOLD

1-2 Cross right over left, step left to left side lifting right toe off floor to right side

3-6 Repeat counts 1-2 twice more 7-8 Cross right over left, hold

SLOW SUSIE Q TO RIGHT TWICE

1-2 Cross left over right, hold

3-4 Step right to right side lifting left toe off floor to left side, hold

5-8 Repeat counts 1-4

FAST SUSIE Q TO RIGHT WITH HOLD

1-2 Cross left over right, step right to right side lifting left toe off floor to left side

3-6 Repeat counts 1-2 twice more7-8 Cross left over right, hold

"64-count Big Repeat" ENDS here

DIAGONAL WALK WITH ROCKING CHAIR

1-2 Step right to right side, hold

3-4 Step left diagonally forward across right, hold

5-6 Rock forward on right to right diagonal, recover onto left

7-8 Rock right behind left, recover onto left

OUT, OUT, TURNING JUMPS X 3, HOLD

1-4 Step right to right side, hold, step left to left side, hold

5-8 Jump x 3 with feet together making full turn right (counts 5-6-7), hold

DIAGONAL WALK WITH ROCKING CHAIR

1-2 Step left to left side, hold

3-4 Step right diagonally forward across left, hold

5-6 Rock forward on left to left diagonal, recover onto right

7-8 Rock left behind right, recover onto right

OUT, OUT, TURNING JUMPS X 3, HOLD

1-4 Step left to left side, hold, step right to right side, hold

5-8 Jump x 3 with feet together making full turn left (counts 5-6-7), hold

REDO SEVERAL SECTIONS

BOOGIE BACK WITH CLAPS

8&1	Vial right to right aids and also stop right booids left atom left h	المامات مامامه
OOL I	Kick right to right side and clap, step right beside left, step left b	esiae nani

2-3 Step right back, step left back

Kick right to right side and clap, step right beside left, step left beside right 4&5

6-7 Step right back, step left back

BOOGIE BACK WITH CLAPS, HOLD

8&1	Kick right to right side and clap, step	right beside left, step left beside right

2-3 Step right back, step left back

4-5 Kick right to right side and clap, step right beside left, step left beside right

6-7 Step right back, step left back

8 Hold

STEP SCUFF X 4 CIRCLING TO LEFT

On counts 1-8, turn ¾ left, arms out to sides at shoulder level and touch hands up from elbow

1-2	Step right forward, scuff left forward
3-4	Step left forward, scuff right forward
5-6	Step right forward, scuff left forward
7-8	Step left forward, scuff right forward

STEP SCUFF TWICE CIRCLING TO LEFT, RUN FORWARD

On counts 1-4, make 1/4 turn left, with arms still in same position

1-2 Step right forward, scuff left forward 3-4 Step left forward, scuff right forward 5-8 Run forward-right, left, right, left

REPEAT