

# Nonononono-Notso

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Nuttin No Go So - Sean Paul



## MAKE ½ TURN WITH WEIGHT CHANGES, STEP, TOUCH, STEP, TOUCH

1            RF 1/8 turn left and step forward  
&            LF Recover weight  
2            RF 1/8 turn left and step forward  
&            LF Recover weight  
3            RF 1/8 turn left and step forward  
&            LF Recover weight  
4            RF 1/8 turn left and step forward  
&            LF Recover weight  
5            RF Step to right side  
6            LF Touch next to RF  
7            LF Step to left side  
8            RF Touch next to LF

## STEP, TOUCH, STEP, TOUCH, SIDE SHUFFLE, TOUCH, REPEAT TO THE LEFT

1            RF Step to right side  
&            LF Touch next to RF  
2            LF Step to left side  
&            RF Touch next to LF  
3            RF Step to right side  
&            LF Step next to RF  
4            RF Step to right side  
&            LF Touch next to RF  
5            LF Step to left side  
&            RF Touch next to LF  
6            RF Step to right side  
&            LF Touch next to RF  
7            LF Step to left side  
&            RF Step next to LF  
8            LF Step to left side  
&            RF Touch next to LF

## HEEL-HOOK COMBINATION, FLICK, HEEL, HOOK, STEP, ¼ TURN LEFT CLOSE, ROCK WITH BUTT PUSH 2X

1            RF Touch heel forward  
&            RF Hook RF in front of L.leg  
2            RF Touch heel forward  
&            RF Flick RF to side  
3            RF Touch heel forward  
&            RF Hook RF in front of L.leg  
4            RF Step forward  
&            LF ¼ turn left and step next to RF  
5            RF Step to right side, raise left toe up and push your butt slightly diagonal backwards  
6            LF Recover weight  
&            RF Step next to LF  
7            LF Step to left side, raise right toe up and push your butt slightly diagonal backwards

8 RF Recover weight

**CLOSE, STEP, BODYROLL 2X, STEP, ¼ TURN WITH HOOK BEHIND, STEP, HOOK BEHIND 2X**

& LF Step next to RF  
1 RF Step to right side  
2 Bounce and roll up from hip  
& LF Step next to RF  
3 RF Step to right side  
4 Bounce and roll up from hip  
5 RF Step forward  
& LF ¼ turn left and hook behind R.knee  
6 LF Step to left  
& RF Hook behind L.knee  
7 RF Step forward  
& LF ¼ turn left and hook behind R.knee  
8 LF Step to left  
& RF Hook behind L.knee

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